

**ORTHROS ON SUNDAY, JULY 05, 2020; TONE 3 / EOTHINON 4**  
**VENERABLE ATHANASIUS OF ATHOS**

<b>Priest:</b> Blessed is our God, always, now and ever, and unto the ages of ages.	<b>الكاهن:</b> تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
<b>Choir:</b> Amen.	<b>الجوقة:</b> آمين.
<i>The Priest performs the Great Censing around the entire church.</i>	هَذَا يُبَجِّرُ الكَاهِنُ الكَنِيسَةَ.
<b>Reader:</b> Holy God, Holy Mighty, Holy Immortal: have mercy on us. (thrice)	<b>القارئ:</b> قُدُوسَ اللهُ، قُدُوسَ القَوِيِّ، قُدُوسَ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	المَجْدُ لِأَبِ والابنِ والروحِ القُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake. Lord, have mercy. (thrice)	أَيُّهَا التَّالُوثُ القُدُوسُ اِرْحَمْنَا، يَا رَبُّ اغْفِرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَن سَيِّئَاتِنَا، يَا قُدُوسُ اطَّلِعْ وَاشْفِ امْرَأَتَنَا، مِنْ أَجْلِ اسْمِكَ. يَا رَبُّ اِرْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	المَجْدُ لِأَبِ والابنِ والروحِ القُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الأَرْضِ، خُبْزَنَا الجَوْهَرِيِّ اعْطِنَا اليَوْمَ، وَاتْرِكْ لَنَا مَا عَلَيْنَا كَمَا تَتْرِكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِّيرِ.
<b>Priest:</b> For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	<b>الكاهن:</b> لِأَنَّ لَكَ المُلْكَ والقُدْرَةَ والمَجْدَ، أَيُّهَا الأبُ والابنِ والروحِ القُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
<b>Reader:</b> Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.	<b>القارئ:</b> آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ، وَامْنَحْ عِبِيدَكَ المُؤْمِنِينَ العَلْبَةَ عَلَى الشَّرِّيرِ، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ المُخْتَصِّينَ بِكَ.
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.	المَجْدُ لِأَبِ والابنِ والروحِ القُدُسِ. يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَارًا، أَيُّهَا المَسِيحُ الإِلهَ، امْنَحْ رَأْفَتَكَ لِشَعْبِكَ الجَدِيدِ المَسْمَى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا المُؤْمِنِينَ، مَانِحًا إِيَّاهُمْ العَلْبَةَ عَلَى مُحَارِبِهِمْ. لِتَكُنْ لَهُمْ مَعُونَتَكَ سِلَاحًا لِلسَّلَامِ، وَظَفَرًا غَيْرَ مَقْهُورِ.
<i>Both now and ever, and unto ages of ages. Amen.</i>	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.

<p>O Champion dread, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p>	<p>أَيُّهَا الشَّافِعَةُ الرَّهِيْبَةُ غَيْرَ الْمَخْذُولَةِ، يَا وَالِدَةَ الْإِلَهِ الْكَلِيَّةَ التَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةَ عَنْ تَوَسُّلَاتِنَا، بَلْ وَطِّدِي سَبِيْرَةَ الْمُسْتَقِيْمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَامْتَحِيهِمِ الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنْتَ وَوَلَدْتِ الْإِلَهِ، أَيُّهَا الْمُبَارَكَةُ وَحْدَكَ.</p>
<b>LITANY</b>	
<p><b>Priest:</b> Have mercy on us, O God, according to Thy great goodness, we pray Thee, hearken and have mercy.</p>	<p><b>الكَاهِن:</b> اِرْحَمْنَا يَا اللَّهُ بِعَظِيْمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p><b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p>
<p><b>Priest:</b> Again we pray for all pious and Orthodox Christians.</p>	<p><b>الكَاهِن:</b> وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ الْمَسِيْحِيِّيْنَ الْحَسَنِي الْعِبَادَةِ الْأَرْثُوْدُكْسِيِّيْنَ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p><b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p>
<p><b>Priest:</b> Again we pray for our Father and Metropolitan _____, and for Bishop _____, and all our brethren in Christ.</p>	<p><b>الكَاهِن:</b> وَأَيْضًا نَطْلُبُ مِنْ أَجْلِ أَبِيْنَا وَمِتْرُوبُولِيْتِنَا (فُلَان) وَرَيْسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيْحِ.</p>
<p><b>Choir:</b> Lord, have mercy. (<i>thrice</i>)</p>	<p><b>الجوقة:</b> يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p>
<p><b>Priest:</b> For Thou art a merciful God, and lovest mankind, and unto thee do we ascribe glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.</p>	<p><b>الكَاهِن:</b> لِأَنَّكَ إِلَهٌ رَحِيْمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُرْسَلُ الْمَجْدَ أَيُّهَا الْآبُ وَالْأَبْنُ وَالرُّوْحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِيْنَ.</p>
<p><b>Choir:</b> Amen. Bless, Father, in the Name of the Lord.</p>	<p><b>الجوقة:</b> آمِيْن، بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.</p>
<p><b>Priest:</b> Glory to the Holy, Consubstantial, Life-giving and Undivided Trinity, always, now and ever, and unto ages of ages.</p>	<p><b>الكَاهِن:</b> الْمَجْدُ لِلثَّلَاوِثِ الْقُدُّوسِ، الْمَتَسَاوِي فِي الْجَوْهَرِ، الْمُحْيِي، غَيْرِ الْمُنْقَسِمِ، كُلَّ حِيْنٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِيْنَ.</p>
<p><b>Choir:</b> Amen.</p>	<p><b>الجوقة:</b> آمِيْن.</p>
<p>Glory to God in the highest, and on earth peace, and good will toward men. (<i>thrice</i>)</p>	<p>الْمَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَةَ. (ثَلَاثًا)</p>
<p>O Lord, open Thou my lips, and my mouth shall show forth Thy praise. (<i>twice</i>)</p>	<p>يَا رَبُّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِيْحَتِكَ. (مَرَّتَيْنِ)</p>
<b>PSALM 3</b>	
<p>O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth</p>	<p>يَا رَبُّ لِمَاذَا كَثُرَ الَّذِينَ يُخْزِنُونَنِي؟ كَثِيْرُونَ قَامُوا عَلَيَّ. كَثِيْرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِإِلَهِهِ. وَأَنْتَ يَا رَبُّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَّخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِيْوَاتِ الشَّعْبِ الْمُحِيْطِيْنَ بِي، الْمُتَوَازِيْنَ عَلَيَّ. فَمُ يَا رَبُّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَادِيْنِي بِاطْلَاءٍ، وَسَحَقْتَ</p>

of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people.  
I laid me down and slept; I awoke, for the Lord will help me.

أَسْنَانِ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ  
بَرَكَتُكَ.  
أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.

PSALM 37

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftiness all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

يَا رَبِّ، لَا بَعْضَ بَكَ تُوبِّخْنِي، وَلَا بَرِّجْزِكَ تُؤَدِّبْنِي.  
فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ  
لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي  
عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ  
فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَتَنَنْتُ  
وَقَاخَتْ جِرَاحَاتِي مِنْ قِبَلِ جَهَالَتِي. شَقِيتُ وَأُحْنَيْتُ  
إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ  
أَمْتَلَأَ مَهَازِيٍّ وَلَيْسَ لِجَسَدِي شِفَاءٌ. شَقِيتُ وَأَتَضَعْتُ  
جِدًّا، وَكُنْتُ أَيْنٌ مِنْ تَنَهْدِ قَلْبِي. يَا رَبِّ، إِنَّ بُغْيَتِي  
كُلُّهَا أَمَامَكَ، وَتَنَهْدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ  
قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَوُورُ عَيْنِي أَيْضًا لَمْ يَبْقَ  
مَعِي. أَضْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيْ،  
وَجَنَسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدُنِي الَّذِينَ يَطْلُبُونَ  
نَفْسِي، وَالْمَلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ،  
وَعَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَا أَنَا فَكَأَصَمٌ لَا  
يَسْمَعُ، وَكَأَحْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كَأِنْسَانٍ لَا  
يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبِّ،  
تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَاللَّهِ. لِأَنِّي قُلْتُ  
لَا يَشْمَتْ بِي أَعْدَائِي، وَعِنْدَمَا زَلَّتْ قَدَمَايَ عَظَّمُوا  
عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيْ  
فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أُخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ  
خَطِيئَتِي. أَمَا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ  
كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَارُونِي بَدَلَ  
الْخَيْرِ شَرًّا، مَحَلُّوا بَنِي لَأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا  
تُهْمَلْنِي يَا رَبِّي وَاللَّهِ وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى  
مَعُونَتِي يَا رَبِّ خَلَاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَاللَّهِ وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ  
إِلَى مَعُونَتِي يَا رَبِّ خَلَاصِي.

PSALM 62

<p>O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.</p> <p>At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.</p>	<p>يا الله إلهي إليك أبتكر. عطشت إليك نفسي، واشتاق إليك جسدي، في أرضٍ بريةٍ وغير مَسْلُوكَةٍ وعادِمَةِ الماء. هكذا ظَهَرْتُ لَكَ في القُدسِ لأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الحَيَاةِ، وَشَفَتِي تُسَبِّحَانِكَ. هكذا أباركُكَ في حياتي وبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمَلُّي نَفْسِي كما مِنْ شَحْمٍ وَدَسَمٍ، وَشِفَاهِ الإِبْتِهَاجِ يُسَبِّحُكَ فَمِي. إِذَا ذَكَرْتُكَ عَلَي فَرَاثِي، هَدَدْتُ بِكَ في الأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِر. إِنْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّاي عَضَدْتَ يَمِينُكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بَاطِلًا، فَسَيَدْخُلُونَ في أَسْفَلِ الأَرْضِ، وَيُدْفَعُونَ إلى أَيِّدِي السُّيُوفِ، وَيَكُونُونَ أَنْصَبَةً لِلثَّعَالِبِ. أَمَّا المَلِكُ فَيَسْرُ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ، لِأَنَّهُ قَدْ سَدَّتْ أَفْوَاهُ المُتَكَلِّمِينَ بِالظُّلْمِ.</p> <p>هَدَدْتُ بِكَ في الأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِر. إِنْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّاي عَضَدْتَ يَمِينُكَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i> Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE) Lord, have mercy. (THRICE) <i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p>	<p>المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ القُدسِ، الآنَ وَكُلَّ أَوَانٍ، وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ. هَلِّلُويا، هَلِّلُويا، هَلِّلُويا، المَجْدُ لَكَ يا الله. (ثلاثاً) يا رَبِّ ارْحَم. (ثلاثاً) المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ القُدسِ.</p>
<p><b>PSALM 87</b></p>	
<p><i>Both now and ever, and unto ages of ages. Amen.</i> O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have</p>	<p>الآنَ وَكُلَّ أَوَانٍ، وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ. يا رَبِّ إلهَ خِلاصِي، في النَّهارِ صَرَخْتُ وفي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمَلِ أَدْنَتَكَ إلى طَلِبَتِي، فَقَدْ امْتَلَأْتُ مِنَ الشُّرُورِ نَفْسِي، وَدَنَتْ مِنْ الجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ المُنْحَدِرِينَ في الجُبِّ، صِرْتُ مِثْلَ إنسانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الأَمْواتِ مِثْلَ القَتلى الرَّاقيدينَ في القُبُورِ، الَّذِينَ لا تَذْكُرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مُفْضُونَ. جَعَلُونِي في جُبِّ أَسْفَلِ السَّافِلِينَ، في ظُلُماتِ المَوْتِ وَظِلَالِهِ. عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوالِكَ أَجْرَتْها عَلَيَّ.</p>

not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

أَبْعَدْتُ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ رَجَاسَةً. قَدْ أَسْلَمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبِّ، النَّهَارَ كُلَّهُ وَإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلْعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ الْعَجَائِبَ؟ أَمْ الْأَطِبَّاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبِكَ، وَعَدْلَكَ فِي أَرْضٍ مُنْسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبِّ، صَرَخْتُ فَتَبَلُّغْكَ فِي الْعِدَاةِ صَلَاتِي. لِمَاذَا، يَا رَبِّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جَارٌ رَجُزُكَ، وَمُفْرَعَاتُكَ أُرْعَجْتَنِي. أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَنَفْتَنِي مَعًا. أَبْعَدْتُ عَنِّي الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمَلٌ أَدُنُّكَ إِلَيَّ طَلِبْتِي.

#### PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust.

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي اسْمَهُ الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي جَمِيعَ مُكَافَأَتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي يُشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنْجِي مِنَ الْفَسَادِ حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ بِالْخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ الْمَظْلُومِينَ. عَرَفَ مُوسَى طُرُقَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ، طَوِيلُ الْأَنَاةِ وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْتِقَاضِ يَسْخَطُ، وَلَا إِلَى الدَّهْرِ يَحْقِدُ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ مَعْنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قُوَى الرَّبِّ رَحْمَتُهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ الْأَبُّ بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جَبَلَتَنَا وَذَكَرَ أَنَّنَا تُرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ

As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

أَيَّامُهُ وَكَزْهَرِ الْحَقْلِ كَذَلِكَ يُزْهَرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَثْبُتُ وَلَا يُعْرِفُ أَيْضًا مَوْضِعَهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مِنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أُنْبَاءِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّأَ عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقَدَّرِينَ بِقُوَّةٍ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعٍ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ. فِي كُلِّ مَوْضِعٍ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

#### PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

يَا رَبِّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَى طَلْبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتَزَكَّى أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَى الْأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتَى مِنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَدَدْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمْطَرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبِّ، فَقَدْ فَنَيْتُ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأَشَابَهُ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْعِدَاةِ مُسْتَمِعًا رَحْمَتِكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبِّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلَّمْنِي أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحَكَ الصَّالِحَ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبِّ، تُحْيِينِي. بِعَدْلِكَ تُخْرِجُ مِنَ الْحَزَنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.

O Lord, give ear unto my supplication and enter not into judgment with Thy servant. (TWICE)  
Thy good Spirit shall lead me in the land of uprightness.

اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ. (مَرَّتَيْنِ) رُوحَكَ الصَّالِحَ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.

<p><i>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</i></p> <p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (THRICE)</p> <p>O our God and our Hope, glory to Thee!</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَّاهِرِينَ، آمِينَ.</p> <p>هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)</p> <p>يَا إِلَهَنَا وَرَجَاءَنَا الْمَجْدُ لَكَ.</p>
<b>THE GREAT LITANY</b>	
<b>Priest:</b> In peace let us pray to the Lord.	<b>الكاهن:</b> بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For the peace from above and the salvation of our souls, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For the peace of the whole world; the good estate of the holy churches of God, and the union of all men, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ كَنَائِسِ اللَّهِ الْمُقَدَّسَةِ، وَاتِّحَادِ الْجَمِيعِ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For this holy House and those who with faith, reverence, and fear of God enter therein, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ يَدْخُلُونَ إِلَيْهِ بِإِيمَانٍ وَوَرَعَ وَخَوْفِ اللَّهِ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For our father and Metropolitan N., (and for our Bishop N.), for the venerable Priesthood, the Deaconate in Christ, for all the clergy and the people, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ آبِينَا وَمِتْرُوبُولِيْتِنَا (فَلَان) وَرَبِّيسِ كَهَنَتِنَا (فَلَان)، وَالْكَهَنَةِ الْمُكْرَمِينَ، وَالشَّمَامِسَةَ، خُدَامِ الْمَسِيحِ، وَجَمِيعِ الْإِكْلِيرُوسِ وَالشَّعْبِ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For Metropolitan PAUL, Archbishop JOHN, and for their quick release from captivity and safe return, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ الْمِتْرُوبُولِيْتِ بُولُسَ وَالْمِطْرَانِ يُوْحَنَّا وَفَكَ اسْرِهِمَا وَعَوْدَتِهِمَا سَالِمِينَ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For the President, civil authorities, and our Armed Forces, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ، وَمُؤَارَرَتِهِمْ فِي كُلِّ عَمَلٍ صَالِحٍ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For this city, and every city and land, and the faithful who dwell therein; let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For healthful seasons, abundance of the fruits of the earth, and peaceful times, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَةِ، وَخُضْبِ ثِمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يَا رَبُّ ارْحَمِ.
<b>Priest:</b> For travelers by sea, by land, and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى، وَخَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.

<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يا رَبِّ ارْحَم.
<b>Priest:</b> For our deliverance from all tribulation, wrath, danger, and necessity, let us pray to the Lord.	<b>الكاهن:</b> مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضِيقٍ وَعَضْبٍ وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُب.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يا رَبِّ ارْحَم.
<b>Priest:</b> Help us; save us; have mercy on us; and keep us, O God, by Thy grace.	<b>الكاهن:</b> أَعُذْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يا اللهُ بِبِنِعْمَتِكَ.
<b>Choir:</b> Lord, have mercy.	<b>الجوقة:</b> يا رَبِّ ارْحَم.
<b>Priest:</b> Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady the Theotokos and ever-Virgin Mary, with all the Saints, let us commend ourselves and each other, and all our life unto Christ our God.	<b>الكاهن:</b> بَعْدَ ذِكْرِنَا الْكَلِيَّةَ الْقِدَاسَةَ الطَّاهِرَةَ الْفَائِقَةَ الْبِرَكَاتِ الْمَحِيذَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَنُوتِيَّةَ مَرِيَمَ، مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.
<b>Choir:</b> To Thee, O Lord.	<b>الجوقة:</b> لَكَ يا رَبِّ.
<b>Priest:</b> For unto Thee are due all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.	<b>الكاهن:</b> لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ، أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
<b>Choir:</b> Amen.	<b>الجوقة:</b> آمين.
<b>“GOD IS THE LORD” IN TONE THREE</b>	
<b>Chanter:</b> God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. <i>(Repeat after verses)</i>	<b>المُرْتِّل:</b> اللهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. <i>(تعاد بعد الإستيخونات)</i>
1. O give thanks unto the Lord, and call upon His holy Name.	1- إِعْتَرِفُوا لِلرَّبِّ وَادْعُوا بِاسْمِهِ الْقُدُّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	2- كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ.
3. This is the Lord's doing; it is marvelous in our eyes.	3- مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
<b>RESURRECTIONAL APOLYTIKION IN TONE THREE</b>	
Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.	لِتَفْرَحِ السَّمَاوِيَّاتُ وَتَبْتَهِجِ الْأَرْضِيَّاتُ، لِأَنَّ الرَّبَّ صَنَعَ عِزًّا بِسَاعِدِهِ، وَوَطِئَ الْمَوْتَ بِالْمَوْتِ، وَصَارَ بَكْرَ الْأَمْوَاتِ، وَأَنْقَذَنَا مِنْ جَوْفِ الْجَحِيمِ، وَمَنَحَ الْعَالَمَ الرَّحْمَةَ الْعَظْمَى.
<b>APOLYTIKION OF ST. ATHANASIUS IN TONE THREE (**Awed by the beauty**)</b>	
<i>Glory to the Father, and to the Son, and to the Holy Spirit. The Angels' ranks were awed by thy life in the flesh, * how, though corporeal, and clad with earthly clay, * thou didst set forth with courage to invisible wars and wrestlings * and didst boldly smite the hordes * of the demons with mortal wounds. * Wherefore, Christ rewarded thee * with abundant gifts in return. * Entreat Him that our souls find salvation, * O most renowned Father Athanasius.</i>	الْمَجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدُسِ. لَقَدْ دَهَشَتْ طَعْمَاتُ الْمَلَائِكَةِ مِنْ سِيرَتِكَ بِالْجَسَدِ، أَيُّهَا الدَّائِمُ الذِّكْرِ، كَيْفَ أَنْتَ، وَأَنْتَ بِالْجَسَدِ، سَعَيْتَ نَحْوَ الْمَصَافِ غَيْرِ الْمَنْظُورَةِ، وَجَرَحْتَ مَوَاكِبَ الْأَبَالِسَةِ. فَلِذَلِكَ، قَدْ كَأَفَاكَ الْمَسِيحُ بِمَوَاهِبِ غَنِيَّةٍ. فَيَا أَيُّهَا الْآبُ أَتْناسيوس، تَشْفَعْ إِلَيْهِ أَنْ يُخَلِّصَ نَفُوسَنَا.
<b>RESURRECTIONAL THEOTOKION IN TONE THREE</b>	

<p><i>Both now and ever, and unto ages of ages. Amen.</i> Thee who art the mediatrix for the salvation of our race, we praise O virgin Theotokos. For in the flesh assumed from thee after that He had suffered the passion of the Cross, thy Son and our God delivered us from corruption, because He is the Lover of mankind.</p>	<p>الآن وكلّ أوانٍ وإلى دهرِ الداهرين، آمين. إياك أيُّها المتوسِّطةُ لِخِلاصِ جِنْسِنَا نُسَبِّحُ يا والدةَ الإلهِ العذراءِ. لأنَّ ابْنَكَ وإِلَهَنَا بِالْجَسَدِ الَّذِي اتَّخَذَهُ مِنْكَ قَبْلَ الْآلَامِ بِالصَّليبِ، وأَعْتَقَنَا مِنَ الْفَسَادِ، بما أَنَّهُ مُحِبٌّ لِلْبَشَرِ.</p>
<b>THE LITTLE LITANY</b>	
<p>Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady the Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الكاهن: أيضاً وأيضاً بِسَلامٍ إلى الرَّبِّ نَطْلُبُ. الجوق: يا رَبُّ ارْحَمْ. الكاهن: أَعْضُدْ وَخَلِّصْ وارْحَمْ واحْفَظْنَا يا اللهُ بِنِعْمَتِكَ. الجوق: يا رَبُّ ارْحَمْ. الكاهن: بعدَ ذِكْرِنَا الكائِنَةَ القُدَّاسَةَ، الطاهِرَةَ، الفانِقَةَ البَرَكاتِ المَجيدةِ، سَيِّدَتِنَا والِدَةَ الإلهِ الدائِمَةَ البتولِيَّةِ مَرِيَمَ مَعَ جَميعِ القَدِيسين، لِنودِغَ أنفُسَنَا وبِعَضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الإلهِ. الجوق: لك يا رَبِّ. الكاهن: لأنَّ لك العِزَّةَ ولكِ المُلْكُ والقُوَّةُ والمَجْدُ أيُّها الأبُ والإبْنُ والروحُ القُدُّوسُ، الآنَ وكلّ أوانٍ وإلى دهرِ الداهرين. الجوق: آمين.</p>
<b>THIRD TONE RESURRECTIONAL KATHISMATA (Plain Reading) First Kathisma</b>	
<p>Christ is risen from the dead, He Who is the first-fruits of those that slept: the First-born of creation and the Creator of all things created! He hath renewed by Himself the nature of our corrupt race. Wherefore, Thou shalt reign no more, O Death; for the Lord of all hath nullified thy power and dissolved it.</p>	<p>لَقَدْ قامَ المَسِيحُ مِنْ بَيْنِ الأَمواتِ، باكورَةَ الرَّاقيدينَ، وَبِكُرِّ الخَلِيقَةِ، وَخالِقُ كُلِّ المَبْرُوءاتِ، وَجَدَّدَ في نَفْسِهِ طَبِيعَةَ جِنْسِنَا البالِيَةِ. فَلَسْتَ مُتَسَلِّطاً بعدُ يا مَوْتُ، لأنَّ سَيِّدَ الكُلِّ قَدْ حَلَّ عِرَّتَكَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> When Thou didst taste death in the flesh, O Lord, Thou didst check bitter Death by Thy Resurrection, and didst make man to prevail over it, restoring victory over the old curse. Wherefore, O Supporter and Champion of our life, glory to Thee.</p>	<p>المَجْدُ لِلأبِ والإبْنِ والروحِ القُدُّوسِ. لَقَدْ ذُفَّتِ المَوْتُ بِالْجَسَدِ، يا رَبُّ، فاقْتَلَعْتَ مَرارةَ المَوْتِ بِقيامَتِكَ، وَقَوَّيْتَ الإنسانَ عَلَيْهِ، وَخَلَّصْتَهُ مِنْ تَعَلُّبِ اللُّعْنَةِ القَدِيمَةِ. فَيَا عاضِدَ حَيَاتِنَا، يا رَبُّ، المَجْدُ لَكَ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> Verily, Gabriel, overwhelmed by the splendor of thy virginity and the abundant brilliancy of thy purity, hailed thee, saying, O Theotokos! What dutiful praise shall I offer thee? Or what shall I call thee? I am overwhelmed with surprise and perplexity. But as I have been commanded, I shall hail thee, Rejoice, O full of grace.</p>	<p>الآنَ وَكُلِّ أوانٍ وَإِلَى دهرِ الداهرين، آمين. إنَّ جِبْرائيلَ إِذِ اعْتَرَاهُ الدُّهُولُ مِنْ بَهاءِ عُدْرَتِكَ، وفائقِ لَمعانِ طَهارَتِكَ، هَتَفَ نَحْوَكِ قائلاً: يا والِدَةَ الإلهِ، أَيُّ مَدِيحٍ واجِبٍ أَقدِمُ لَكَ؟ أو بِماذا أُسمِّيكُ؟ إنَّني أَنذَهُلُ وَأتَحَيَّرُ. لَكِنِّني كما أُمِرْتُ أَهتِفُ إِلَيْكَ: إِفرحِي يا مُمْتَلئَةٌ نِعْمَةً.</p>
<b>Second Kathisma</b>	

<p>Because of Thine immutable Divinity, O Lord, and Thy voluntary sufferings, Hades was overwhelmed, and moaned within itself, saying, Verily, I am in dread fear of the Person of this incorruptible body; for I see the unseen fighting me secretly, and behold those whom I have held shouting, Glory to Thy Resurrection, O Christ.</p>	<p>لَقَدْ دُهِشَ الْجَحِيمُ فِي نَفْسِهِ مِنْ عَدَمِ تَغْيِيرِ لاهوتِكَ، وَمِنْ اخْتِمَالِكَ الْآلَامِ طَوْعًا، يَا رَبِّ، فَاِنْتَحَبَ قَائِلًا: إِنِّي أَرْتَعِدُ مِنْ أَقْنُومِ هَذَا الْجَسَدِ غَيْرِ الْبَالِي، وَأَرَى غَيْرَ الْمَنْظُورِ يُحَارِبُنِي عَلَى طَرِيقَةِ سِرِّيَّةٍ. فَلِذَلِكَ، يَصْرُخُ الَّذِينَ فِي قَبْصَتِي قَائِلِينَ: الْمَجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Let us believers speak of divine things, of the secret of Thine inscrutable Crucifixion, of Thine ineffable Resurrection; for today have Death and Hades been led captive, and the race of man hath been invested with incorruption. Therefore, do we cry in gratitude, Glory to Thy Resurrection, O Christ.</p>	<p>الْمَجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدُّوسِ. إِنَّنَا لَدَى تَكَلُّمِنَا نَحْنُ الْمُؤْمِنِينَ لاهوتيًا، نَعْتَرِفُ أَنَّ صَلاَبَكَ غَيْرَ الْمُدْرَكَ، وَقِيَامَتَكَ غَيْرَ الْمَفْسَّرَةِ، هُمَا سِرٌّ لَا يُعْبَّرُ عَنْهُ. فَإِنَّ الْمَوْتَ وَالْجَحِيمَ سُبِيَا الْيَوْمِ، وَجُنُسُ الْبَشَرِ لَبَسَ عَدَمَ الْبَلِي. فَلِذَلِكَ، نَصْرُخُ عَنْ شُكْرِ قَائِلِينَ: الْمَجْدُ لِقِيَامَتِكَ أَيُّهَا الْمَسِيحُ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> Verily, O Theotokos, the incomprehensible and boundless, consubstantial with the Father and the Spirit, hast thou held secretly in thy womb. And by thy birth-giving we have learned to glorify in the world the act of the one immiscible Trinity. Therefore, with gratitude we cry to thee, Rejoice, O thou that art full of grace.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَاهِرِينَ، آمِينَ. لَقَدْ وَسَعَتْ فِي بَطْنِكَ، عَلَى مَنُوالٍ لَا يُفَسَّرُ، الْإِبْنِ الَّذِي لَا يَدْرَكَ وَلَا يُوصَفُ، الْمُسَاوِي لِلآبِ وَالرُّوحِ فِي الْجَوْهَرِ. وَبِوِلادَتِكَ، تَعَلَّمْنَا أَنَّ نَمَجِّدَ فِي الْعَالَمِ فِعْلاً لِللاهوتِ وَاحِدٍ غَيْرِ مُخْتَلِطٍ. فَلِذَلِكَ نَهْتَفُ إِلَيْكَ عَنْ شُكْرِ قَائِلِينَ: السَّلَامُ عَلَيْكَ أَيُّهَا الْمُنْعَمُ عَلَيْهَا.</p>
<p><b>EVLOGETARIA (BENEDICTIONS) IN TONE FIVE</b></p>	
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroyed the power of death, with Thee raising up Adam and releasing all men from Hell.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. جَمْعُ الْمَلَائِكَةِ انْدَهَلَ مُتَحِيرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخْلِصِ، وَدَاجِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ، وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَّةً.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. الْمَلَائِكَةُ اللَّامِعَةُ عِنْدَ الْقَبْرِ نَقَّوْهُ نَحْوَ حَامِلَاتِ الطَّيِّبِ قَائِلًا: لِمَ تَمزُجْنَ الطَّيِّبَ بِالْدُمُوعِ، بِتَرْتِّبِ يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ الْوَجْهَ الْوَحْدَ وَأَفْرَحْنَ، لِأَنَّ الْمُخْلِصَ قَدْ قَامَ مِنَ الْقَبْرِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. إِنَّ حَامِلَاتِ الطَّيِّبِ سَخَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النُّوحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.</p>	<p>مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. إِنَّ النِّسْوَةَ حَامِلَاتِ الطَّيِّبِ، وَافِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخْلِصِ. فَسَمِعْنَ مَلَكَاً مُتَنَعِّمًا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ فَبِمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.</p>

<p><i>Glory to the Father, and to the Son, and to the Holy Spirit. We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.</i></p>	<p>المَجْدُ لِلآبِ، وَالْإِبْنِ، وَالرُّوحِ الْقُدُسِ. نَسْجُدُ لِلآبِ، وَلِإِبْنِهِ، وَلِرُوحِ قُدُسِهِ، ثَالِوثًا قُدُوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُوسٌ، قُدُوسٌ، قُدُوسٌ أَنْتَ يَا رَبَّ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen. In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.</i></p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ. أَيَّتُهَا العَذْرَاءُ، لَمَقَدْ وَوَلَدْتِ مُعْطِي الحَيَاةِ، وَأَنْقَذْتِ آدَمَ مِنَ الحَطِيئَةِ، وَمَنْحْتِ حَوَاءَ الفَرَحِ عَوَضَ الحُزْنِ، لَكِنَّ الإِلَهَةَ وَالإِنْسَانَ المُتَجَسِّدَ مِنْكَ، أَرْشَدَهُمَا إِلَى الحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.</p>
<p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (3 times) O our God and our Hope, glory to Thee.</p>	<p>هَلِّلُويا، هَلِّلُويا، هَلِّلُويا المَجْدُ لَكَ يَا اللهُ. (ثَلَاثًا) يا إِلَهنا ورجاءنا لك المَجْد.</p>
<b>THE LITTLE LITANY</b>	
<p>Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady the Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الكاهن: أيضاً وأيضاً بسلامٍ إلى الرَّبِّ نَطْلُبُ. الجوق: يا رَبُّ ارْحَمْ. الكاهن: أَعْضُدْ وَخَلِّصْ وارْحَمْ واحْفَظْنَا يا اللهُ بِنِعْمَتِكَ. الجوق: يا رَبُّ ارْحَمْ. الكاهن: بعدَ ذِكْرنا الكَلِيَّةَ القُداسَةَ، الطاهِرَةَ، الفائِئَةَ البَرَكاتِ المَجيدةِ، سَيِّدَتنا وِالِدَةَ الإِلَهَةِ الدائِمَةَ البتولِيَّةَ مَرْيَمَ مَعَ جَميعِ القِدِّيسينَ، لِنودِعْ أَنْفُسنا وَبِعَضُننا بَعْضاً وَكُلَّ حَيَاتنا لِلْمَسِيحِ الإِلَهِيِّ. الجوق: لَكَ يَا رَبَّ. الكاهن: لأنَّ اسْمَكَ مُبارَكٌ ومُلكَكَ مُمَجَّدٌ أَيُّها الآبُ والإِبْنُ والرُّوحُ القُدُسُ، الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. الجوق: آمِينَ.</p>
<b>THIRD TONE RESURRECTIONAL HYPAKOE (Plain Reading)</b>	
<p>To the ointment-bearing women the brilliant angel of sweet words, startling them, did say: Why seek ye the living One in the grave? He is verily risen, and hath emptied the tombs. Know ye, therefore, that the changeless One hath changed corruption to incorruption. And say to God: How dreadful are Thy works; for Thou hast saved mankind.</p>	<p>ذو المَنْظَرِ العَجِبِ والكَلَامِ العَدْبِ، المَلَأَ اللامِعِ قالَ لِحامِلاتِ الطَّيِّبِ: لِمَ تَطْلُبْنَ الحَيِّ فِي القَبْرِ؟ قَدْ قامَ وَأفْرَغَ القُبُورَ. فاعْلَمَنَّ أَنَّ غيرَ المُتَعَيِّرِ قَدْ بَدَّلَ البَلِيَّ، وَقُلْنَ لِلهِ ما أَرْهَبَ أَعْمالَكَ، لأنَّكَ خَلَّصْتَ جِنْسَ البَشَرِ.</p>
<b>THIRD TONE RESURRECTIONAL ANABATHMOI (PLAIN READING)</b> <b>First Antiphony</b>	
<p>+ Thou didst verily deliver the captivity of Zion from Babylon, O Word. Likewise, draw thou me out of suffering into life. + They who sow in Timan with divine tears, shall reap with rejoicing the sheaves of eternal life.</p>	<p>+ أَيُّها الكَلِمَةُ أَنْتَ أَنْقَذْتَ سَبْيَ صِهْيُونَ مِنْ بابل. هكذا اجْتَنَدَبْتَنِي أيضاً مِنَ الألامِ إلى الحَيَاةِ. + إِنَّ الذينَ يَزْرَعُونَ فِي التِّيمانِ بِدُمُوعِ إلهيَّةٍ، سَيَحْضُدُونَ بِفَرَحٍ سُنْبُلَ الحَيَاةِ الأبديةِ.</p>

<p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ With the Holy Spirit every gift is good; for He doth shine forth together with the Father and the Son; and in Him doth all creation live and move.</p>	<p>+ المَجْدُ لِلآبِ، وَالإِبْنِ، وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَاهِرِينَ، آمِينَ.</p> <p>+ مِنَ الرُّوحِ الْقُدُّوسِ تَتَّخِذُ كُلُّ عَطِيَّةٍ صَالِحَةٍ، بِمَا أَنَّهُ يُشْرِقُ مَعَ الآبِ وَالإِبْنِ، وَبِهِ كُلُّ الْبَرَايَا تَحْيَا وَتَتَّحَرِّكُ.</p>
<b>Second Antiphony</b>	
<p>+ If the Lord buildeth not the house of virtues, then vainly do we labor; but if He defend and protect our lives, none shall prevail against our city.</p> <p>+ The saints are verily the hire of the fruit of the womb. And they have not ceased to be Thy sons, in the Spirit, O Christ, and Thou art like a father.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i> +By the Holy Spirit hath all holiness and wisdom been observed; for He is the Creator of all the essence of creation. Therefore, let us worship Him; for He is God, as is the Father and the Word.</p>	<p>+ إِنْ لَمْ يَبْنِ الرَّبُّ بَيْتَ الْفَضَائِلِ، فَبَاطِلًا نَتَعَبُ، وَإِذَا وَقَى نَفُوسَنَا وَسَتَرَهَا فَلَا أَحَدٌ يَنْسَلُطُ عَلَي مَدِينَتِنَا.</p> <p>+ إِنَّ الْقِدِّيسِينَ هُمْ أَجْرَةٌ ثَمَرَةِ الْبَطْنِ، وَلَمْ يَزَالُوا بِالرُّوحِ بَنِينَ لَكَ أَيُّهَا الْمَسِيحُ، وَأَنْتَ لَهُمْ كَأَبٍ.</p> <p>+ الْمَجْدُ لِلآبِ، وَالإِبْنِ، وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَاوَالِي دَهْرِ الدَاهِرِينَ، آمِينَ. + بِالرُّوحِ الْقُدُّوسِ شَوَّهَدَتْ كُلُّ قَدَاسَةٍ وَحِكْمَةٍ، لِأَنَّهُ خَالِقُ كُلِّ جَوَاهِرِ الْخَلِيقَةِ، وَلِذَلِكَ فَلْتَعْبُدْهُ لِأَنَّهُ إِلَهٌ كَالآبِ وَالْكَلِمَةِ.</p>
<b>Third Antiphony</b>	
<p>+ Happy are they who fear the Lord; for they walk in the way of His commandments, and eat of the fruits of universal life.</p> <p>+ Rejoice with gladness, O chief Shepherd, as thou beholdest thy children's children around thy table, offering branches of good deeds.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i> + Verily, all the riches of honor are of the Holy Spirit. And of Him too is grace and life for all creation. Wherefore, He is to be praised with the Father and the Word.</p>	<p>+ إِنَّ خَائِفِي الرَّبِّ لَمَغْبُوطُونَ، لِأَنَّهُمْ يَسْلُكُونَ فِي سَبِيلِ وَصَايَاهُ، وَيَأْكُلُونَ ثَمَارَ الْحَيَاةِ الْأَبَدِيَّةِ.</p> <p>+ إِفْرَحْ مَسْرُورًا يَا رَبِّيسَ الرُّعَاةِ إِذَا شَاهَدْتَ بَنِي بَنِيكَ حَوْلَ مَائِدَتِكَ، مُقَدِّمِينَ أَغْصَانِ أَفْعَالِ الصَّلَاحِ.</p> <p>+ الْمَجْدُ لِلآبِ، وَالإِبْنِ، وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَاهِرِينَ، آمِينَ. إِنَّ غِنَى الشَّرَفِ كُلِّهِ مِنْ الرُّوحِ الْقُدُّوسِ. وَمِنْهُ النِّعْمَةُ وَالْحَيَاةُ لِكُلِّ الْخَلِيقَةِ، لِذَلِكَ يُسَبِّحُ مَعَ الآبِ وَالْكَلِمَةِ.</p>
<b>PROKEIMENON FOR THE RESURRECTION IN TONE THREE</b>	
<p>Say among the heathen that the Lord reigneth. The world also shall be so established that it shall not be moved. (TWICE)</p> <p><i>Stichos: Praise the Lord with a new praise.</i></p> <p>Say among the heathen that the Lord reigneth. The world also shall be so established that it shall not be moved.</p>	<p>قولوا في الأمم إنَّ الرَّبَّ قَدْ مَلَكَ، لِأَنَّهُ تَبَّتْ الْمَسْكُونَةُ فَلَنْ تَتَزَعَّرَ. (تعداد)</p> <p>سَتِيخِن: سَبِّحُوا الرَّبَّ سُبْحًا جَدِيدًا.</p> <p>قولوا في الأمم إنَّ الرَّبَّ قَدْ مَلَكَ، لِأَنَّهُ تَبَّتْ الْمَسْكُونَةُ فَلَنْ تَتَزَعَّرَ.</p>
<p><b>Deacon:</b> Let us pray to the Lord.</p> <p><b>Choir:</b> Lord, have mercy.</p> <p><b>Priest:</b> For Holy art Thou, O our God, Who restest in the Holy Place, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.</p>	<p>الشماس: إلى الرَّبِّ نَطْلُبُ.</p> <p>المرتل: يَا رَبُّ ارْحَمِ.</p> <p>الكاهن: أَنْتَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقِدِّيسِينَ تَسْتَقَرُّ وَتَسْتَرِيحُ، وَلَكَ نُرْسَلُ الْمَجْدُ أَيُّهَا الآبُ، وَالإِبْنُ، وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَاوَالِي دَهْرِ الدَاهِرِينَ.</p>
<p><b>Chanter:</b> Amen. Let everything that hath breath praise the Lord. (Twice)</p> <p><i>Praise ye God in His saints; praise Him in the firm foundation of His power.</i></p>	<p>المُرْتِّل: آمِينَ. كُلُّ نَسَمَةٍ، فَلْتَسَبِّحِ الرَّبَّ. (مرتين)</p> <p>سَبِّحُوا اللَّهَ فِي قِدِّيسِيهِ، سَبِّحُوهُ فِي فَلَكَ قُوَّتِهِ.</p> <p>فَلْتَسَبِّحِ الرَّبَّ، كُلُّ نَسَمَةٍ.</p>

Let everything that hath breath praise the Lord.	
<b>THE FOURTH EOTHINON GOSPEL</b>	
<p><b>Deacon:</b> And that we may be accounted worthy to hear the Holy Gospel, let us pray unto the Lord our God.</p> <p><b>Choir:</b> Lord, have mercy. (<i>Thrice</i>)</p> <p><b>Deacon:</b> Wisdom! Attend! Let us hear the Holy Gospel.</p> <p><b>Priest:</b> Peace be to all.</p> <p><b>Choir:</b> And to thy spirit.</p> <p><b>Priest:</b> The Reading from the Holy Gospel according to <b>Saint Luke (24:1-12)</b></p> <p><b>Choir:</b> Glory to Thee, O Lord, glory to Thee.</p> <p><b>Deacon:</b> Let us attend!</p>	<p><b>الشماس:</b> مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحَقِّينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ.</p> <p><b>المرتل:</b> يَا رَبُّ ارْحَمْ. (ثَلَاثًا)</p> <p><b>الشماس:</b> الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلِ الْمُقَدَّسِ.</p> <p><b>الكاهن:</b> السَّلَامُ لَجَمِيعِكُمْ.</p> <p><b>المرتل:</b> وَلِرُوحِكَ.</p> <p><b>الكاهن:</b> فَضْلًا شَرِيفًا مِنْ بَشَارَةِ الْقَدِيسِ لَوْقَا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّمْذِيذِ الطَّاهِرِ.</p> <p><b>المرتل:</b> الْمَجْدُ لَكَ يَا رَبُّ الْمَجْدُ لَكَ.</p> <p><b>الشماس:</b> لِنُصْغِ!</p>
<p><b>Priest:</b> On the first day of the week, at early dawn, the women went to the tomb, taking the spices which they had prepared, and certain others with them. And they found the stone rolled away from the tomb; but when they went in, they did not find the body of the Lord Jesus. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the Living among the dead? He is not here, but is risen. Remember how He told you, while He was still in Galilee, that the Son of Man must be delivered into the hands of sinful men, and be crucified, and on the third day rise again." And they remembered His words, and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told this to the apostles; but their words seemed to them an idle tale, and they did not believe them. But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he departed, wondering at what had happened.</p> <p><b>Choir:</b> Glory to Thee, O Lord, glory to Thee.</p>	<p><b>الكاهن:</b> فِي أَوَّلِ الْأُسْبُوعِ بِأَكْرَبِ جِدًّا، أَتَتْ نِسَاءً إِلَى الْقَبْرِ وَهُنَّ يَحْمِلْنَ الْحَنُوطَ الَّذِي أَعَدَدْنَهُ، وَمَعَهُنَّ أَنْاسٌ. فَوَجَدْنَ الْحَجَرَ قَدْ دُخِرَجَ عَنِ الْقَبْرِ، فَدَخَلْنَ، فَلَمْ يَجِدْنَ جَسَدَ الرَّبِّ يَسُوعَ. وَبَيْنَمَا هُنَّ مُتَحَيِّرَاتٌ فِي ذَلِكَ، إِذَا بِرَجُلَيْنِ قَدْ وَقَفَا بِهِنَّ بِلِبَاسِ بَرَّاقٍ. وَإِذْ كُنَّ خَائِفَاتٍ، وَنَكَّسْنَ وُجُوهَهُنَّ إِلَى الْأَرْضِ، قَالَا لَهُنَّ: "لِمَاذَا تَطْلُبْنَ الْحَيَّ بَيْنَ الْأَمْوَاتِ؟ إِنَّهُ لَيْسَ هَهُنَا، لَكِنَّهُ قَدْ قَامَ، أَذْكَرْنَ كَيْفَ كَلَّمَكُنَّ وَهُوَ بَعْدُ فِي الْجَلِيلِ، إِذْ قَالَ إِنَّهُ يَنْبَغِي لِابْنِ الْبَشَرِ أَنْ يُسَلَّمَ إِلَى أَيْدِي أَنْاسٍ خَطَاةٍ، وَيُصَلَّبَ، وَيَقُومَ فِي الْيَوْمِ الثَّلَاثِ." فَذَكَرْنَ كَلَامَهُ. وَرَجَعْنَ مِنَ الْقَبْرِ، وَأَخْبِرْنَ الْأَحَدَ عَشَرَ وَجَمِيعَ الْبَاقِينَ بِهَذَا كُلِّهِ. وَمَرِيَمُ الْمَجْدَلِيَّةُ وَحَدَنَّهُ وَمَرِيَمُ أُمُّ يَعْقُوبَ وَبَاقِي مَنْ مَعَهُنَّ، هُنَّ اللَّوَاتِي أَخْبِرْنَ الرَّسُلَ بِهَذَا. فَكَانَ عِنْدَهُمْ هَذَا الْكَلَامُ كَالْهَذْيَانِ، وَلَمْ يُصَدِّقُوهُنَّ. فَقَامَ بَطْرُسُ وَأَسْرَعَ إِلَى الْقَبْرِ وَتَطَّلَعَ، فَرَأَى الْأَكْفَانَ مَوْضُوعَةً وَحَدَهَا. فَانْصَرَفَ إِلَى مَقَرِّهِ مُتَعَجِّبًا مِمَّا كَانَ.</p> <p><b>المرتل:</b> الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ.</p>
<p><b>Reader:</b> In that we have beheld the Resurrection of Christ, let us bow down before the Holy Lord Jesus, the only sinless One. Thy Cross do we adore, O Christ, and Thy holy Resurrection we praise and glorify: for Thou art our God, and we know none other beside Thee; we call upon Thy Name. O come, all ye faithful, let us adore Christ's holy Resurrection. For lo, through the Cross is joy come into all the world. Ever blessing the Lord, let us sing His Resurrection: for in that He endured the Cross for us, He hath destroyed death by death.</p>	<p><b>القارئ:</b> إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْنَسْجُدْ لِـلرَّبِّ الْقُدُّوسِ، يَسُوعَ الْمُعْصُومِ مِنَ الْخَطَا وَحَدَهُ. لِصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُسَبِّحُ وَنُحَمِّدُ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا وَآخِرُ سِوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ الْمُؤْمِنِينَ نَسْجُدْ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ، لِأَنَّ هُودَا بِالصَّلِيبِ قَدْ أَتَى الْفَرْخُ لِكُلِّ الْعَالَمِ. لِنُبَارِكِ الرَّبَّ فِي كُلِّ حِينٍ وَنُسَبِّحَ قِيَامَتَهُ، لِأَنَّهُ إِذْ احْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالْمَوْتِ حَطَّمَهُ.</p>
<b>PSALM 50</b>	

Have mercy upon me, O God, according to Thy great mercy; according to the multitude of Thy tender mercies, blot out mine iniquity.	ارْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ امْحُ مَاثِمِي.
Wash me thoroughly from mine iniquity, and cleanse me from my sin.	إِغْسِلْنِي كَثِيرًا مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.
For I acknowledge mine iniquity, and my sin is ever before me.	لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.
Against Thee only have I sinned, and done evil in Thy sight, that Thou mightest be justified in Thy words, and prevail when Thou art judged.	إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرَّ قُدَّامَكَ صَنَعْتُ، لَكِي تَصُدَّقَ فِي أَقْوَالِكَ وَتُعْلَبَ فِي مُحَاكَمَتِكَ.
For behold, I was shapen in iniquity, and in sins did my mother conceive me.	هَاءَ نَذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي أُمِّي.
For behold, Thou hast loved truth; the unclear and hidden things of Thy wisdom Thou hast made clear to me.	لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.
Thou shalt sprinkle me with hyssop, and I shall be clean; Thou shalt wash me, and I shall be whiter than snow.	تَنْضَخُنِي بِالزَّوْفِيِّ فَأَطْهُرُ، تَغْسِلْنِي فَأَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ.
Thou shalt make me to hear joy and gladness; the bones which Thou hast broken shall rejoice.	تُسْمِعُنِي بِهَجَّةٍ وَسُرُورًا، فَتَنْبَهْجُ عِظَامِي الدَّالِيلَةَ.
Turn away Thy face from my sins, and blot out all my iniquities.	إِصْرِفْ وَجْهَكَ عَنِ خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.
Create in me a clean heart, O God, and renew a right spirit within me.	قَلْبًا نَقِيًّا أَخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْشَائِي.
Cast me not away from Thy presence and take not Thy Holy Spirit from me.	لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مَنِّي.
Restore unto me the joy of Thy salvation and steady me with a guiding spirit.	إِمْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِيٍّ اعْضُدْنِي.
Then will I teach transgressors Thy ways, and the impious shall be converted unto Thee.	فَأُعَلِّمُ الْأَثَمَةَ طُرُقَكَ، وَالْكَافِرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from bloodguiltiness, O God, Thou God of my salvation, and my tongue shall sing aloud of Thy righteousness.	أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيُبْتَهِجَ لِسَانِي بِعَدْلِكَ.
O Lord, open Thou my lips and my mouth shall declare Thy praise.	يَا رَبُّ افْتَحْ شَفْتَيَّ، فَيُخَبِّرَ فَمِي بِتَسْبِيحَتِكَ.
For hadst Thou desired sacrifice, I would have given it Thee; Thou delightest not in burnt offerings.	لَأَنَّكَ لَوْ آتَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ.
Sacrifices to God are a contrite spirit; a contrite and humble heart, O God, Thou wilt not despise.	الذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَحِقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُنَوَاضِعُ لَا يَرُدُّهُ اللَّهُ.
Do good, O Lord, in Thy good will unto Zion, that the walls of Jerusalem may be built up.	أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونََ وَلُثْبِنَ أُسُورَ أُورُشَلِيمَ.
Then shalt Thou be pleased with the sacrifice of righteousness, with burnt offerings and whole burnt offerings.	حِينَئِذٍ تُسَرُّ بِذَّبِيحَةِ الْعَدْلِ قُرْبَانًا وَمُحْرَقَاتِ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يُقَرَّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.
<b>TROPARIA AFTER PSALM 50 IN TONE TWO</b>	

<p><i>Glory to the Father, and to the Son, and to the Holy Spirit. Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.</i></p>	<p>المَجْدُ لِلآبِ، وَالإِبْنِ، وَالرُّوحِ الْقُدْسِ. بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا الإِلَهُ الرَّحِيمُ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.</p>
<p><i>Both now and ever, and unto ages of ages. Amen. Through the intercessions of the Theotokos, O Thou Who art merciful, blot out the multitude of our transgressions.</i></p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ. بِشَفَاعَاتِ الْوَالِدَةِ الإِلَهُ وَطَلِبَاتِهَا، أَيُّهَا الإِلَهُ الرَّحِيمُ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.</p>
<p><i>Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions. Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.</i></p>	<p>يَا رَحِيمِي، ارْحَمْنِي يَا اللهُ كَعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَاتِكَ امْحُ مَاثَمِي. لَقَدْ قَامَ يَسُوعُ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنَحْنَا الْحَيَاةَ الأَبَدِيَّةَ، وَالرَّحْمَةَ العَظْمَى.</p>

#### THE INTERCESSION<sup>1</sup>

<p><b>Deacon:</b> O God, save Thy people, and bless Thine inheritance. Visit Thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us Thy rich mercies. Through the intercessions of our all-immaculate Lady the Theotokos and ever-virgin Mary; by the might of the precious and life-giving Cross; by the protection of the honorable bodiless Powers of heaven; at the supplication of the honorable, glorious prophet, forerunner and Baptist John; of the holy, glorious, all-laudable apostles Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom; Athanasius, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra, Spyridon of Trimythous and Nektarios of Pentapolis, the Wonderworkers; of our fathers among the saints Tikhon, patriarch of Moscow and Raphael, bishop of Brooklyn; of the holy, glorious, great-martyrs, George the Trophy-bearer, Demetrios the Myrrh-streamer, Theodore the Soldier, Theodore the General, and Menas the Wonderworker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious great women martyrs, Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photeini, Marina, Paraskeva and Irene; of the holy, glorious, right-victorious martyrs; of our venerable and God-bearing</p>	<p>الشَّمْسِ: خَلِّصْ يَا اللهُ شَعْبَكَ، وَبَارِكْ مِيرَاتِكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّافَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الأَرثوْدُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَرَاحِمَكَ العَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا وَالِدَةِ الإِلَهُ الكَلِيَّةِ الطَّهَارَةِ وَالِدَائِمَةِ البَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الكَرِيمِ المُخَيِّ؛ وَبِطَلْبَاتِ القُوَّاتِ السَّمَاوِيَّةِ المُكْرَمَةِ العَادِمَةِ الأَجْسَادِ؛ وَالنَّبِيِّ الكَرِيمِ السَّابِقِ المَجِيدِ يوحَنَّا المَعْمَدَانِ؛ وَالقَدِيسِينَ المُشْرِفِينَ الرُّسُولَيْنِ بَطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ المُشْرِفِينَ الجَدِيرِينَ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا القَدِيسِينَ مُعَلِّمِي المَسْكُونَةِ رُؤَسَاءِ الكَهَنَةِ المُعَظَّمِينَ بِاسِيلْيُوسَ الكَبِيرِ، وَغَرِيغُورِيُوسَ اللاهوتِي، وَيُوحَنَّا الذَّهَبِيِّ القَمِّ؛ وَأَبَائِنَا القَدِيسِينَ أَنْتَاَسِيُوسَ وَكِيرِلُسَ وَيُوحَنَّا الرَّحِيمِ بَطَارِكَةَ الإِسْكَنْدَرِيَّةِ، وَأَبِينَا القَدِيسِ نِيْقُولَاوسَ رَئِيسِ أَسَاقِفَةِ مِيرَا اللِّيَكِيَّةِ، وَاسِيرِيدُونَ أُسْقَفِ ثَرِيمِيثُوسَ، وَنِكْتَارِيُوسَ أُسْقَفِ المُدُنِ الحَمْسِ العَجَائِبِيِّينَ، وَأَبِينَا القَدِيسِ تِيخُونَ بَطْرِيْرِكَ مُوسَكَو، وَالقَدِيسِ رَافَائِيلِ أُسْقَفِ بَرُوكْلِينَ؛ وَالقَدِيسِينَ المَجِيدِينَ الشُّهَدَاءِ العُظْمَاءِ جَاورجِيُوسَ اللَّايسِ الظْفَرِ، وَدِيمِيتْرِيُوسَ المُفِيضِ الطَّيْبِ، وَثِيُودُورُسَ التِّيرونِي، وَثِيُودُورُسَ قَائِدِ الجَيْشِ، وَمِينَاَسَ الصَّانِعِ العَجَائِبِ؛ وَالقَدِيسِينَ الشُّهَدَاءِ إِغْنَاطِيُوسَ المُتَوَشِّحِ بِاللهِ، خَرَالْمَبُوسَ وَالفِثْرِيُوسَ؛ وَالشُّهَدَاءِ العَظِيمَاتِ ثَقْلَا، بَرِيَاةَ، أَنَسْطَاسِيَا، كَاثْرِينَا، كِيرِيَاكِي، فُوتِينِي، مَارِينَا، بَارَاسَكِيْفَا، وَآيرِينِ؛ وَالقَدِيسِينَ</p>
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<sup>1</sup> Saints of particular local veneration may be included among the Saints of their same classification at the discretion of the pastor.

<p>fathers who shone in the ascetic life; of <i>Saint N.</i>, the patron and protector of this holy community; of the holy and righteous ancestors of God, Joachim and Anna; of our <b>Venerable and God-bearing Father Athanasius the Athonite, founder of the Great Lavra on Athos; whose memory we now celebrate</b>, and of all the saints: we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.</p>	<p>المَجِيدِينَ الشَّهَادَةِ الْمُتَأَلِّقِينَ بِالظَّفَرِ، وَأَبَائِنَا الْأَبْرَارِ الْمُتَوَشَّحِينَ بِاللَّهِ، وَالْقُدَّيسِ (فلان) شَفِيعِ هَذِهِ الْكَنِيسَةِ الْمُقَدَّسَةِ، وَالْقَدِّيسِينَ الصِّدِّيقِينَ جَدِّي الْمَسِيحِ الْإِلَهِ، يُوَاكِمَ وَحَنَّةً؛ وَالْأَبِ الْبَارِّ أُنْثَاسِيُوسَ الْحَامِلِ لِلَّهِ الْآتُوسِي، مُؤَسَّسِ الْلاَفْرَا الْعَظْمَى فِي آتُوس؛ الَّذِينَ نَقِيمُ تَذَكَارَهُمُ الْيَوْمَ، وَجَمِيعِ قَدِّيسِيكَ، نَنْصَرِّعُ إِلَيْكَ، أَيُّهَا الرَّبُّ الْجَزِيلُ الرَّحْمَةَ، فَاسْتَجِبْ لَنَا نَحْنُ الْخَطَاةَ الطَّالِبِينَ إِلَيْكَ وَارْحَمْنَا.</p>
<p><b>Chanter:</b> Lord, have mercy. Lord, have mercy. Lord, have mercy. (Repeat 4 times)</p>	<p>المرتل: يا ربُّ ارْحَمْ، يا ربُّ ارْحَمْ، يا ربُّ ارْحَمْ. (4 مرات)</p>
<p><b>Priest:</b> Through the mercy and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages. <b>Choir:</b> Amen.</p>	<p>الكاهن: بِرَحْمَةِ وَرَأْفَاتِ ابْنِكَ الْوَحِيدِ وَمَحَبَّتِهِ لِلْبَشَرِ، الَّذِي أَنْتَ مُبَارَكٌ مَعَهُ وَمَعَ رُوحِكَ الْكَلْبِيِّ قُدْسُهُ الصَّالِحِ وَالْمُحْيِي، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. المرتل: آمين</p>
<p><b>THIRD TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)</b></p>	
<p>On this day didst Thou arise out of the grave and didst lead us from the bars and gates of death, Thou Who art great in compassion. On this day, both Adam danceth and Eve rejoiceth; and with them, all of the Patriarchs and the Prophets chant unceasing hymns in praise of the godly power of Thy dominion and might.</p>	<p>لَقَدْ قُمْتَ الْيَوْمَ مِنَ الْقَبْرِ، أَيُّهَا الرَّؤُوفُ، وَأَخْرَجْتَنَا مِنْ أَبْوَابِ الْمَوْتِ. فَالْيَوْمَ يَرْقُصُ آدَمُ طَرِبًا، وَتَفْرَحُ حَوَاءُ مَسْرُورَةً، وَالْأَنْبِيَاءُ مَعَ رُؤَسَاءِ الْأَبَاءِ لَا يَنْفَكُونَ مُسَبِّحِينَ عِزَّةَ سُلْطَانِكَ الْإِلَهِيَّةِ.</p>
<p>Let Heaven and earth dance today, and let them praise Christ God with one accord; for He hath raised from the grave them that were in bonds. All creation rejoiceth together as it offereth fitting songs unto our Redeemer, the Creator of all. For having drawn mortals with Himself out of Hades today, as the Giver of Life, He exalteth them with Himself up to the Heavens. He dasheth down the arrogance of the enemy, and breaketh in pieces the gates of Hades, by the godly power of His dominion and might.</p>	<p>لِنَرْتَقِصِ الْيَوْمَ السَّمَاءُ وَالْأَرْضُ طَرِبًا، وَلِنُسَبِّحَانَ الْمَسِيحَ الْإِلَهَ بِاتِّفَاقِ الْأَصْوَاتِ، لِأَنَّهُ قَدْ أَقَامَ الْمُقَيَّدِينَ فِي الْقُبُورِ. فَالْخَلِيقَةُ كُلُّهَا تَفْرَحُ رَافِعَةً إِلَى خَالِقِ الْكُلِّ وَفَادِينَا الْأَنْشِيدَ اللَّائِقَةَ، لِأَنَّهُ قَدْ انْتَشَلَ الْيَوْمَ الْبَشَرَ مِنَ الْجَحِيمِ، بِمَا أَنَّهُ الْمَانِحُ الْحَيَاةَ، وَرَفَعَهُمْ إِلَى السَّمَاوَاتِ، وَحَطَّمَ كِبْرِيَاءَ الْعَدُوِّ وَصَلَقَهُ، وَسَحَقَ أَبْوَابَ الْجَحِيمِ بِعِزَّةِ سُلْطَانِهِ الْإِلَهِيَّةِ.</p>
<p><b>THE SYNAXARION (Plain Reading)</b></p>	
<p>On July 5 in the Holy Orthodox Church, we commemorate our Venerable and God-bearing Father Athanasius of Athos, and his six disciples who died with him.</p>	
<p><i>Verses</i> Anthony the Great was the inception of the Fathers, And divine Athanasius, their godly culmination. On the fifth, Angels took Athanasius and his disciples to the City of God.</p>	

Born in Trebizond of God-fearing parents, he was early left destitute, but, by the providence of God, a high-ranking army officer took him to Constantinople and educated him there. Finishing his schooling, Athanasius eventually moved to the Holy Mountain to live in silence and strict asceticism. Many, desirous of the ascetic life, began to gather round him and he was constrained to build the famous Lavra. The Byzantine Emperors gave him generous help in this. Manifold temptations came upon Athanasius, from demons and from men, but he, as a valiant soldier of Christ, resisted and overcame them all by his immense humility and unceasing prayer to the living God. Filled with the grace of God, he was found worthy to behold the most holy Mother of God, who miraculously brought forth water from a rock. Death came to him suddenly in 1003. He, together with six of his monks, had climbed up onto a newly-constructed part of the church to inspect a wall that was in building when the wall fell in and buried them all. Athanasius appeared a number of times to his brethren after his death, to console or rebuke them.

On this day, we also commemorate the Venerable hieromartyr Cyprian of Mount Athos; Venerable Lampados of Irenoupolis; the 23 martyrs of Lesvos; and Venerable Sergios the wonderworker of Radonezh. By their intercessions, O Christ God, have mercy on us. Amen.

#### KATAVASIAE OF THE AKATHIST CANON IN TONE FOUR

<p><b>Ode 1.</b> I shall open my mouth and it will be filled with the Spirit; and I shall speak forth to the Queen and Mother. I shall be seen joyfully singing her praises, and I shall delight to sing of her wonders.</p>	<p><b>(الأولى)</b> أَفْتَحُ فَمِي فَيَمْتَلِي رَوْحاً، وَأُبْدِي قَوْلًا فَائِضاً نَحْوَ الْأُمِّ الْمَلَكَةِ، وَأُظْهِرُ مُعَيِّدًا لِلْمَوْسِمِ بَابْتِهَاجٍ، وَأَتَرْتَمُ بِعَجَائِبِهَا مَسْرُورًا.</p>
<p><b>Ode 3.</b> As a living and copious fountain, O Theotokos, do thou strengthen those who hymn thy praises, and are joined together in spiritual company for thy service; and in thy divine glory make them worthy of crowns of glory.</p>	<p><b>(الثالثة)</b> يَا وَالِدَةَ الْإِلَهِ، بِمَا أَنْتَ الْيَنْبُوعُ الْحَيُّ الْمُتَدَفِّقُ بِسَخَاءٍ، وَطَدِينَا نَحْنُ الْمُتَشِيدِينَ تَسَابِيحِكَ، الْمُتَلْتَمِينَ مَخْفِلًا رَوْحِيًّا، وَفِي مَجْدِكَ الْإِلَهِيِّ أَهْلِينَا لِأَكَالِيلِ الْمَجْدِ وَالشَّرْفِ.</p>
<p><b>Ode 4.</b> He who sits in clouds of glory upon the throne of Godhead, Jesus the Most High God, came with mighty hand and saved those who cried out unto Him: Glory to Thy power, O Christ.</p>	<p><b>(الرابعة)</b> إِنَّ يَسُوعَ الْفَائِقَ التَّالِّهِ، الْجَالِسَ بِمَجْدٍ عَلَى سُدَّةِ الْلاهُوتِ، قَدْ وَرَدَ عَلَى سَحَابَةٍ خَفِيفَةٍ، وَخَلَّصَ بِقَبْضَتِهِ الْغَيْرِ الْفَاسِدَةِ الصَّارِحِينَ نَحْوَهُ: الْمَجْدُ لِقُدْرَتِكَ أَيُّهَا الْمَسِيحُ.</p>
<p><b>Ode 5.</b> All creation was amazed at thy divine glory, for thou, O unwedded Virgin, didst hold in thee the God of all, and didst bear the Eternal Son, who rewards with salvation all those who hymn thy praises.</p>	<p><b>(الخامسة)</b> أَيُّهَا الْبَتُولُ الَّتِي لَمْ تَعْرِفْ زَوْجًا، إِنَّ الْبَرَايَا بَأْسْرِهَا قَدْ انْذَهَلَتْ مِنْ مَجْدِكَ الْإِلَهِيِّ، لِأَنَّكَ حَمَلْتِ فِي حَشَاكَ إِلَهَ الْكُلِّ، وَوَلَدْتِ الْإِبْنَ الْغَيْرَ الْمَحْدُودِ فِي زَمَنِ، وَمَنْحَتِ الْخَلَاصَ لِكُلِّ الَّذِينَ يُسَبِّحُونَكَ.</p>
<p><b>Ode 6.</b> As we the Godly minded, celebrate this sacred and all-honorable feast of the Mother of God: come, let us clap our hands together and glorify the God whom she bore.</p>	<p><b>(السادسة)</b> هَلُمُّوا أَيُّهَا الْمُتَأَلِّهُوا الْعُقُولِ، لِنُصَفِّقَ بِالْأَيْدِي مُقِيمِينَ هَذَا الْعِيدَ الْإِلَهِيِّ الْكُلِّيِّ الْإِكْرَامِ، الَّذِي لِبَوْلِدَةِ الْإِلَهِ، وَنُْمَجِّدِ الْإِلَهَ الَّذِي وُلِدَ مِنْهَا.</p>
<p><b>Ode 7.</b> The godly-minded children worshipped not the creature rather than the Creator, but trampling upon the threat of fire in manly fashion, they rejoiced and sang: O All-praised Lord and God of our Fathers, blessed art Thou.</p>	<p><b>(السابعة)</b> إِنَّ الْفَتْيَةَ الْمُتَأَلِّهِي الْعُقُولِ، لَمْ يَعْبُدُوا الْخَلِيقَةَ دُونَ الْخَالِقِ، بَلْ وَطَنُوا وَعِيدَ النَّارِ بِشْجَاعَةٍ، فَرْتَلُوا فَرِحِينَ: أَيُّهَا الْفَائِقُ التَّنْسَبِيحِ، مُبَارَكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.</p>
<p><b>Ode 8.</b> We praise, we bless, and we worship the Lord. The three holy children in the furnace the Child of the Theotokos saved; then was the type, now is its fulfillment, and the whole world gathers to sing: All ye works praise the Lord and magnify Him unto all ages.</p>	<p><b>(الثامنة)</b> نُسَبِّحُ وَنُبَارِكُ وَنَسُجُدُ لِلرَّبِّ. إِنَّ مَوْلِدَ وَالِدَةِ الْإِلَهِ قَدْ حَفِظَ الْفَتْيَةَ الْأَطْهَارَ فِي الْأَتُونِ سَالِمِينَ، إِذْ كَانَ حِينِيذِ مَرْسُومًا وَأَمَّا الْآنَ فَقَدْ حَصَلَ مَفْعُولًا، فَهُوَ يُنْهَضُ الْمَسْكُونَةَ بِأَسْرِهَا إِلَى التَّرْتِيلِ هَاتِفَةً: يَا جَمِيعَ أَعْمَالِ الرَّبِّ سَبِّحُوا الرَّبَّ، وَزِيدُوهُ رِفْعَةً عَلَى مَدَى الْأَدْهَارِ.</p>

<b>Deacon:</b> The Theotokos and Mother of the Light, let us honor and magnify in song.	<b>الشماس:</b> لوالدة الإله وأمّ النور بالتسابيح نُكْرِمُ مُعْظَمِينَ.
<b>MAGNIFICATIONS IN TONE FOUR</b>	
My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. <b>Refrain:</b> More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption barest God the Word, and art truly Theotokos, we magnify thee.	تُعْظِمُ نَفْسِي الرَّبِّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخْلِصِي. <b>اللازمة:</b> يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْدًا بَعِيرِ قِيَاسٍ مِنَ السَّارَافِيمِ، يَا مَنْ بَدُونَ فَسَادٍ وَلَدَتْ كَلِمَةَ اللَّهِ، حَقًّا أَنْتِ وَالِدَةُ الْإِلَهِ إِيَّاكَ نُعْظِمُ.
For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. <b>(Refrain)</b>	لَأَنَّهُ نَظَرَ إِلَى تَوَاضُعِ أُمَّتِهِ، فَهَا مُنْذُ الْآنِ تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ. <b>(اللازمة)</b>
For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. <b>(Refrain)</b>	لَأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمُهُ، وَرَحْمَتُهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. <b>(اللازمة)</b>
He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. <b>(Refrain)</b>	صَنَعَ عِزًّا بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِدِهْنِ قُلُوبِهِمْ. <b>(اللازمة)</b>
He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. <b>(Refrain)</b>	حَطَّ الْمُقْتَدِرِينَ عَنِ الْكُرَاسِيِّ وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ فَارِغِينَ. <b>(اللازمة)</b>
He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. <b>(Refrain)</b>	عَضَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكُرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. <b>(اللازمة)</b>
<b>Ode 9.</b> Let all the earth-born mortals rejoice in the Spirit, bearing their lamps. And let the nature of Bodiless Minds celebrate with honor the holy festival of the Mother of God, and cry out: Hail! All-blessed, pure, and ever-virgin Theotokos!	<b>(التاسعة)</b> كُلُّ الْأَرْضِيِّينَ فَلْيَبْتَهِجُوا بِالرُّوحِ حَامِلِينَ الْمَصَابِيحَ، وَطَبِيعَةُ الْعَقْلِيِّينَ الْغَيْرِ الْهَيُولِيِّينَ فَلْتَحْنَقِلْ مَعًا، مُعَيَّدَةً لِمَوْسِمِ أُمِّ الْإِلَهِ الشَّرِيفِ وَهَاتِفَةً: اِفْرَحِي يَا وَالِدَةُ الْإِلَهِ النَّقِيَّةِ، الدَّائِمَةِ الْبَتُولِيَّةِ، وَالْكَلْبِيَّةِ الطَّوْبَى.
<b>THE LITTLE LITANY</b>	
<b>Deacon:</b> Again and again, in peace, let us pray to the Lord. <b>Choir:</b> Lord, have mercy.  <b>Deacon:</b> Help us; save us; have mercy on us; and keep us, O God, by Thy grace. <b>Choir:</b> Lord, have mercy.  <b>Deacon:</b> Calling to remembrance our all-holy, immaculate, most-blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints: let us commend ourselves and each other, and all our life unto Christ our God. <b>Choir:</b> To Thee, O Lord.  <b>Priest:</b> For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. <b>Choir:</b> Amen.	<b>الشماس:</b> أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. <b>الجوق:</b> يَا رَبُّ ارْحَمْنَا. <b>الشماس:</b> أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِبِنْعَمَتِكَ. <b>الجوق:</b> يَا رَبُّ ارْحَمْنَا. <b>الشماس:</b> بَعْدَ ذِكْرِنَا الْكَلْبِيَّةِ الْقَدَاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبِرَكَاتِ الْمَحِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. <b>الجوق:</b> لَكَ يَا رَبُّ. <b>الكاهن:</b> لَأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ، وَلَكَ يُزْسَلُونَ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. <b>الجوق:</b> آمِينَ.

<p>Holy is the Lord our God. (<i>THRICE</i>) Exalt ye the Lord our God, and worship at His footstool, for He is holy.</p>	<p>قُدُّوسٌ هُوَ الرَّبُّ إِلَهُنَا. (ثَلَاثًا) إِرْفَعُوا الرَّبَّ إِلَهُنَا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ الرَّبَّ إِلَهُنَا قُدُّوسٌ هُوَ.</p>
<p><b>THE FOURTH EOTHINON EXAPOSTEILARION AND THEOTOKION IN TONE TWO</b> (*Upon that mount in Galilee*)</p>	
<p>In flashing light of virtues clad, * let us behold the young men * who, at that tomb that beareth life, * appeared in flashing raiment * unto the myrrh-bearing women * who bowed their faces earthward; * and let us be instructed of * the arising of Heaven's * Master and Lord * and with Peter run to Life in the Lord's tomb; * and wond'ring at that which was wrought, * let us remain to see Christ</p>	<p>لِنَتَلَأَّ لِأَمْشَرِقِينَ بِالْفَضَائِلِ، وَنُشَاهِدِ الرِّجَالَ الْوَاقِفِينَ بِمَلَابِسٍ لِامِعَةٍ دَاخِلِ الْقَبْرِ الْوَاهِبِ الْحَيَاةِ، لِحَامِلَاتِ الطِّيبِ الْمُطْرِقَاتِ وَجُوهَهُنَّ إِلَى الْأَرْضِ. وَلِنَتَعَلَّمَ قِيَامَةَ سَيِّدِ السَّمَاءِ، وَلِنُسَارِعَ مَعَ بُطْرُسَ إِلَى الْقَبْرِ، وَنَتَعَجَّبَ مِنَ الْحَادِثِ، وَنَنْتَظِرَ لِنُعَايِنِ الْمَسِيحِ الْحَيَاةِ.</p>
<p><b>THE EXAPOSTEILARION &amp; THEOTOKION FOR ST. ATHANASIUS IN TONE TWO</b> (*While Thy disciples looked on Thee*)</p>	
<p>Arising like a morning star shining far off, * thou camest from the east to the western regions, * which thou hast enlightened with the brilliant rays * that thy great virtues shine abroad. * Cease not, O wise Athanasius, * to pray the Lord for the whole world.</p>	<p>لَقَدْ بَدَوْتَ مِنَ الْمَشَارِقِ بَارِعًا، بِمِثَابَةِ كَوْكَبِ سَاطِعِ الضِّيَاءِ، وَأَنْزَلْتَ أَنْحَاءَ الْمَغَارِبِ بِبَهَاءِ فَضَائِلِكَ يَا أَثَانَسِيُوسَ، فَلَا تَزَلْ مُتَشَفِّعًا إِلَى الرَّبِّ مِنْ أَجْلِ الْعَالَمِ.</p>
<p>O pure and hallowed Queen of all, through the pleadings * of thy much-honored suppliant Athanasius, * do thou now preserve and keep thy flock unscathed * from all kinds of adversity, * as it doth ever extol thee; * for thou protectest the whole world.</p>	<p>يَا مَلِكَةَ الْكُلِّ الْكَلِيَّةِ النَّقَاوَةِ، بِتَوَسُّلَاتِ أَثْنَانَسِيُوسِ الْجَزِيلِ الْكَرَامَةِ مِنْكَ، احْفَظِي رَعِيَّتَكَ غَيْرَ مَلْمُوسَةٍ مِنْ كُلِّ مُضَادٍّ، الَّتِي تُسَبِّحُكَ عَلَى الدَّوَامِ، يَا شَفِيعَةَ الْعَالَمِ.</p>
<p><b>AINOI (PRAISES) IN TONE THREE</b></p>	
<p>Let everything that hath breath, praise the Lord. Praise ye the Lord from the heavens: praise Him in the heights. To Thee, O God, is due our song.</p>	<p>كُلُّ نَسَمَةٍ فَلْتَسْبِحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p>
<p>Praise ye Him, all His angels: praise ye Him, all His hosts. To Thee, O God, is due our song.</p>	<p>سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قَوَاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p>
<p><b>For the Resurrection in Tone Three</b></p>	
<p>1. <i>This glory shall be to all His saints.</i> Come together, all ye people, and know the power of the dreadful secret; for Christ our Savior, the eternal Word, hath been crucified for our sake, and was buried willingly, and hath risen from the dead to save all. To Him let us bow down in worship.</p>	<p>1- هَذَا الْمَجْدُ يَكُونُ لِجَمِيعِ أَبْرَارِهِ. هَلِّمُوا أَيُّهَا الشُّعُوبُ جَمِيعًا، وَاعْلَمُوا قُوَّةَ هَذَا السِّرِّ الرَّهيبِ، لِأَنَّ الْمَسِيحَ مُخْلِصَنَا الْكَلِمَةَ الْأَزَلِيَّةَ، قَدْ صُلِبَ مِنْ أَجْلِنَا، وَدُفِنَ بِاخْتِيَارِهِ، وَقَامَ مِنْ بَيْنِ الْأَمْوَاتِ لِيُخْلِصَ الْكُلَّ، فَلَهُ نَسْجُدُ.</p>
<p>2. <i>Praise God in His sanctuary: praise Him in the firmament of His power.</i> The guards have published it abroad, O Lord, telling of all Thy wonders. But the assembly of falsehood filled their right hands with bribes, thinking that thereby they might conceal Thy Resurrection which the world doth glorify. Wherefore, have mercy upon us.</p>	<p>2- سَبِّحُوا اللَّهَ فِي قَدْسِيهِ، سَبِّحُوهُ فِي فَلَكِ قُوَّتِهِ. أَيُّهَا الرَّبُّ، إِنَّ الْحُرَّاسَ قَدْ أَدَاعُوا مُخْبِرِينَ بِكُلِّ الْعَجَائِبِ، إِلَّا أَنَّ مَجْمَعَ الْبَاطِلِ أَفْعَمَ يَمِينَهُمْ مِنَ الرُّشَى، ظَانِينَ أَنَّهُمْ يُخْفُونَ قِيَامَتَكَ الَّتِي الْعَالَمُ يَمَجِّدُهَا فَارْحَمْنَا.</p>

<p>3. <i>Praise Him for His mighty acts: praise Him according to His excellent greatness.</i> Verily, all creatures were filled with joy when they received the glad tidings of Thy Resurrection; for Mary Magdalene, coming to Thy grave, met an angel in a brilliant robe sitting on the stone, who said, Why seekest thou the living among the dead? He is not here, but is risen. As He said, He will go before you into Galilee.</p>	<p>3- سَبِّحُوهُ عَلَى مَقَرَّتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ عَظَمَتِهِ. إِنَّ الْبَرَايَا بِأَسْرَهَا قَدِ امْتَلَأَتْ حُبوراً لَمَّا قَبِلَتْ بُشْرَى قِيَامَتِكَ، لِأَنَّ مَرْيَمَ الْمَجْدَلِيَّةَ وَافَتْ إِلَى ضَرْيِكَ، فَوَجَدَتْ مَلَكاً جَالِساً عَلَى الْحَجَرِ بِخَلَّةٍ بَهِيَّةٍ وَقَائلاً: لِمَ تَطْلُبِينَ الْحَيَّ مَعَ الْمَوْتَى؟ لَيْسَ هُوَ هَهُنَا، لَكِنَّهُ قَدْ قَامَ كَمَا قَالَ، إِنَّهُ يَسْبِقُكُمْ إِلَى الْجَلِيلِ.</p>
<p>4. <i>Praise Him with the sound of the trumpet. Praise Him with the psaltery and harp.</i> O Master, Lover of mankind, with Thy light do we behold light; for Thou art risen from the dead, granting salvation to the race of man, that the whole creation may glorify Thee alone, Who art without sin. Have mercy upon us.</p>	<p>4- سَبِّحُوهُ بِأَحْسَنِ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقِيثَارَةِ. أَيُّهَا السَّيِّدُ الْمَحَبُّ الْبَشَرِ، إِنَّا بِنُورِكَ نُعَايِنُ النُّورَ، لِأَنَّكَ نَهَضْتَ مِنْ بَيْنِ الْأَمْوَاتِ وَاهِباً الْخَلَاصَ لِجِنْسِ الْبَشَرِ، لِكَيْ تُمَجِّدَكَ الْخَلِيقَةُ بِأَسْرَهَا، أَيُّهَا الْمُنَزَّهُ عَنِ الْخَطِيئَةِ وَحَدِّكَ.</p>
<p><b>For St. Athanasius in Tone Eight (**O Strange Wonder**)</b></p>	
<p>5. <i>Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.</i> Truly precious in Thy sight, O Christ, * hath been the death of Thy Saint; * for, behold, even after death, * how Thy servant wondrously * hath gushed forth from his holy foot * a spring of blood, which doth ever drive away * all kinds of sickness; and it doth put to flight * spirits of wickedness, * which this blessed man while yet alive on earth * fought against with bold resistance even unto blood.</p>	<p>5- سَبِّحُوهُ بِالطَّبْلِ وَالْمِصَافِ، سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ الطَّرْبِ. لَقَدْ حَصَلَ كَرِيماً لَدَيْكَ بِالْحَقِيقَةِ، مَوْتُ بَارِكِ أَيُّهَا الْمَسِيحُ، فَهَا إِنَّ خَادِمَكَ قَدْ أَفَاضَ مِنْ قَدَمِهِ يَنْبُوعَ مَاءٍ حَتَّى بَعْدَ الْمَوْتِ، مُزِيلاً كُلَّ سُقْمٍ، وَطَارِداً الْأَرْوَاحَ الشَّرِيرَةَ، الَّتِي كَانَتْ يُحَارِبُهَا وَهُوَ حَيٌّ، مُجَاهِداً حَتَّى الدَّمِ.</p>
<p>6. <i>Praise Him upon the loud cymbals: praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.</i> Truly precious in Thy sight, O Christ, * hath been the death of Thy Saint; * for, behold, even after death, * how Thy servant wondrously * hath gushed forth from his holy foot * a spring of blood, which doth ever drive away * all kinds of sickness; and it doth put to flight * spirits of wickedness, * which this blessed man while yet alive on earth * fought against with bold resistance even unto blood.</p>	<p>6- سَبِّحُوهُ بِبَعْمَاتِ الصَّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ، كُلُّ نَسَمَةٍ قَلْتَسْبِحِ الرَّبِّ. لَقَدْ حَصَلَ كَرِيماً لَدَيْكَ بِالْحَقِيقَةِ، مَوْتُ بَارِكِ أَيُّهَا الْمَسِيحُ، فَهَا إِنَّ خَادِمَكَ قَدْ أَفَاضَ مِنْ قَدَمِهِ يَنْبُوعَ مَاءٍ حَتَّى بَعْدَ الْمَوْتِ، مُزِيلاً كُلَّ سُقْمٍ، وَطَارِداً الْأَرْوَاحَ الشَّرِيرَةَ، الَّتِي كَانَتْ يُحَارِبُهَا وَهُوَ حَيٌّ، مُجَاهِداً حَتَّى الدَّمِ.</p>
<p><i>Verse 7. Precious in the sight of the Lord is the death of His saint.</i> Christ the Lord hath shown us mortal men * thy relics' venerable shrine * as a fountain of miracles * and a river filled with gifts, * Athanasius supremely wise. * For it hath granted their sight unto the blind * and hath purged elephantiasis away; * it cleanseth leprosy; * and those vexed with unclean spirits are set free * from the demons' power and they are made sound and whole.</p>	<p>7- كَرِيمٌ فِي عَيْنَيْ الرَّبِّ مَوْتُ بَارِهِ. يَا أَثْنَأَسْيُوسَ الْكَلْبِيَّ الْحَكِمَةَ، إِنَّ الرَّبَّ قَدْ أَوْضَحَ لِلْبَشَرِ مُسْتَوْدَعَ بَقَايَاكَ، يَنْبُوعاً لِلْعَجَائِبِ، وَنَهْرًا لِلْمَوَاهِبِ. فَهُوَ يَمْنَحُ الْبَصَرَ لِلْعُمَيَانِ، وَقَدْ طَهَّرَ الْبُرْصَ، وَأَمَّا الْمَأْخُودُونَ مِنَ الْأَرْوَاحِ النَّجِسَةِ، أَنْقَذَهُمْ مِنْ سُلْطَتِهَا، وَجَعَلَهُمْ مُسْتَأْنِسِينَ.</p>

<p><b>Verse 8.</b> <i>Blessed is the man that feareth the Lord.</i> Rejoice, adornment of ascetic Saints; * rejoice, thou bright star of monks, * boast of shepherds, O ven'erable * Father Athanasius, thou * fellow dweller with all the just; * rejoice, thou well-spring of love and chastity; * rejoice, abode of the Holy Trinity; * rejoice, brightly shining lamp * of divine discernment in all things; rejoice, * upright rule of virtues and pillar endowed with life.</p>	<p>8- طوبى للرجل الذي يخاف الرب. افرح يا بهجة النساك، وكوكب المتوحدين، وفخر الرعاة، ايها الأب اتناسيوس المساكن الأبرار. افرح يا ينبوع المحبة والعفاف. افرح يا محلاً للتالوث. افرح يا مصباحاً للتمييز كلّي البهاء. افرح يا قانوناً للفضائل قويمًا، وعموداً حيًا ناطقًا.</p>
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#### THE FOURTH EOTHINON DOXASTICON IN TONE FOUR

<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Verily, the women came at early dawn to Thy tomb, O Christ, but they found not Thy body, precious to them. And as they were perplexed, behold there stood among them those who were in shining clothes who said to them: Why seek ye the living among the dead? He hath risen as He foretold. Why have ye forgotten His words? And when they were assured by their saying, they preached to the Disciples the things seen. But their glad tidings were received with ridicule; for they were still without understanding. But Peter hastened to behold, and glorified Thy wonders in himself.</p>	<p>المجد للأب والابن والروح القدس. إن النسوة وافين إلى قبرك سحرًا عميقًا، ايها المسيح. إلا انهن لم يجدن الجسد المأثور عندهن. فبينما هن متحيرات، وقف بهن الذين كانوا بلباس مشرق، وقالوا لهن: لما تطلبن الحي مع الموتى؟ قد قام كما سبق فقال. لماذا نسين كلامه؟ فلما تحققت قولهم، كرزن للتلاميذ بالمنظورات. إلا أن بشارتهن حُسيبت عندهم هزءًا، لأنهم كانوا بعد غير فاهمين. إلا أن بطرس أسرع، فشهد ومجد في نفسه عجايبك.</p>
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<p><i>Both now and ever, and unto ages of ages. Amen.</i> Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.</p>	<p>الآن وكل أوان وإلى دهر الدهرين. آمين. أنت هي الفائقة على كل البركات، يا والدة الإله العذراء، لأن الجحيم قد سببت بواسطة المتجسد منك، وأدم دعي ثانية، واللعنة بادت، وحواء انعتقت، والموت أميت، ونحن قد حيينا. فلذلك نسبح هاتين: مبارك أنت ايها المسيح إلهنا، يا من هكذا سر، المجد لك.</p>
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#### THE GREAT DOXOLOGY IN TONE FOUR

<p>Glory to Thee, who has shown us the Light. Glory to God in the highest, and on earth peace, good will among men.</p>	<p>المجد لك يا مظهر النور، المجد لله في العلاء، وعلى الأرض السلام، وفي الناس المسرة.</p>
<p>We praise thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.</p>	<p>نُسبحك نباركك، نسجد لك نمجّدك، نشكرك من أجل عظيم جلال مجدك.</p>
<p>O Lord, heavenly King, God the Father Almighty; O Lord, the only begotten Son, Jesus Christ; and the Holy Spirit.</p>	<p>ايها الرب الملك، السماوي، الإله، الأب الضابط الكل. ايها الرب الإبن الوحيد، يا يسوع المسيح، ويا ايها الروح القدس.</p>
<p>O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.</p>	<p>ايها الرب الإله، يا حمل الله يا ابن الأب، يا رافع خطيئة العالم ارحمنا، يا رافع خطايا العالم.</p>
<p>Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.</p>	<p>تقبل تضرعنا ايها الجالس عن يمين الأب وارحمنا.</p>
<p>For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the Glory of God the Father. Amen.</p>	<p>لأنك أنت وحدك قدوس، أنت وحدك الرب يسوع المسيح، في مجد الله الأب، آمين.</p>

Every day will I bless Thee, and I will praise Thy Name forever; yea, forever and ever.	في كُلِّ يَوْمٍ أُبَارِكُكَ، وَأَسَبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى أَبَدِ الْأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord God of our Fathers, and praised and glorified be Thy Name forever. Amen.	مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبَّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الْأَبَدِ، آمِينَ.
Let Thy mercy, O Lord, be upon us, as we do put our hope in thee.	لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا نَلْتَكِلُنَا عَلَيْكَ.
Blessed art Thou, O Lord: teach me Thy statutes. <i>(Thrice)</i>	مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا)
Lord, Thou hast been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ مَلْجَأٌ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطَبْتُ إِلَيْكَ.
Lord, I have fled unto Thee: teach me to do Thy will, for Thou art my God.	يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورَ.
O continue Thy lovingkindness unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. <i>(Thrice)</i>	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلَّابِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ.
Both now and ever, and unto ages of ages. Amen.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ، آمِينَ.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
<b>TROPARION IN TONE FOUR</b>	
Today is Salvation come into the world. Let us sing praises to Him Who arose from the grave, the Author of our life; for having by Death destroyed death, He hath given us victory and Great Mercy.	الْيَوْمَ صَارَ الْخَلَاصُ لِلْعَالَمِ فَلِنَسَبِّحِ الَّذِي قَامَ مِنَ الْقَبْرِ، عُنْصُرَ حَيَاتِنَا، لِأَنَّهُ إِذْ قَدْ حَطَّمَ الْمَوْتَ بِالْمَوْتِ، مَنَحَنَا النُّظَرَ وَالرَّحْمَةَ الْعُظْمَى.
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