# ST. GEORGE ORTHODOX CHURCH

**5191 LENNON ROAD, FLINT, MI 48507**

**(810) 732-0720 / saintgeorgeflint@gmail.com**

**saintgeorgeflint.org**

**July 05, 2026**

**SATURDAY: VESPER SERVICE @ 400 P.M.**

**SUNDAY: ORTHROS @ 8:50 A.M. - DIVINE LITURGY @ 10:00 A.M.**

**CONFESSION BY APPOINTMENT**

**V. REV. FR. AMIN HOULI**

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**Welcome to St. George! Thank you for attending today's Divine Services. If you are a first-time visitor, please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you after liturgy, so feel free to join us during Coffee Fellowship! Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "Liturgy" means work of the people that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy.**

**Guidelines for Receiving Holy Communion for Orthodox Christians: Orthodox Christians fully participate in the celebration of the Eucharist by receiving Holy Communion in fulfillment of Christ's command to eat His Body and drink His Blood. In order to be properly prepared to receive Holy Communion, the faithful should fast (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, being at peace with others, and striving to always love God and their neighbor. Frequent communion and regular confession are recommended for all faithful Orthodox Christians.**

**For other Christians: We welcome you to this celebration of the Divine Liturgy. Unfortunately we cannot extend to you a general invitation to receive Holy Communion. Orthodox Christian's believe that the Eucharist is an action of the celebrating community signify-**

Ing a oneness in faith, life, and worship of our community. Reception of the Eucharist by Christians not fully united with us would imply a oneness which does not yet exist, but for which we must all pray. All, however, are welcome to partake of the blessed bread (antidoron) which will be given when coming forward to venerate (kiss) the Holy Cross and receive the final blessing from the priest. Again, welcome!

## Venerable Athanasius of Athos & Fifth Sunday of Matthew Venerable Lampados of Irenoupolis; Hieromartyr Cyprian of Mount Athos

### RESURRECTIONAL APOLYTIKION IN TONE FOUR

**Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.**

**أبوليتيكيون القيامة باللحنِ الرابِع**

**إنَّ تِلْميذاتِ الرَّبّ تَعَلَّمْنَ مِنَ المَلاكِ الكَرْزَ بالقيامَةِ البَهِج، وطَرَحْنَ القَضاءَ الجَدِّيَّ، وخاطَبْنَ الرُّسُلَ مُفْتَخِراتٍ وقائِلات: سُبِيَ المَوْتُ وقامَ المَسيحُ الإله، ومَنَحَ العالَمَ الرَّحْمَةَ العُظْمى.**

### APOLYTIKION OF ST. ATHANASIUS OF ATHOS IN TONE THREE

**The Angels' ranks were awed by thy life in the flesh, how, though corporeal, and clad with earthly clay, thou didst set forth with courage to invisible wars and wrestlings and didst boldly smite the hordes of the demons with mortal wounds. Wherefore, Christ rewarded thee with abundant gifts in return. Entreat Him that our souls find salvation, O most renowned Father Athanasius.**

**أبوليتيكيون القِديسِ أثَناسيوسَ باللحن الثالث**

**لَقَدْ دَهِشَتْ طَغَماتُ المَلائِكَةِ مِنْ سيرَتِكَ بالْجَسَدِ أيُّها الدّائِمُ الذِّكْرِ، كَيْفَ أنَّكَ، وأنْتَ بالْجَسَدِ، سَعَيْتَ نَحْوَ المَصافِّ غَيرِ المَنْظورَة، وجَرَحْتَ مَواكِبَ الأبالِسَة. فَلِذلِكَ، قَدْ كافَأَكَ المَسيحُ بِمَواهِبَ غَنِيَّة. فَيا أيُّها الأبُ أثَناسِيوس، تَشَفَّعْ إليهِ أنْ يُخَلِّصَ نُفوسَنا.**

### TROPARIAN OF ST. GEORGE IN TONE FOUR

**As deliverer of captives and defender of the poor, healer of the infirm, champion of kings, Victorious Great Martyr George, intercede with Christ our God for our souls' salvation.**

**طروبارية القديس جاورجيوس على اللحن الرابع.**

**بما أنك للمأسورين محرر ومعتق، وللفقراء والمساكين عاضد وناصر، وللمرضى طبيب وشاف، وعن المؤمنين مكافح ومحارب، أيها العظيم في الشهداء جاورجيوس اللابس الظفر، تشفع إلى المسيح الإله في خلاص نفوسنا.**

## ORDINARY KONTAKION IN TONE TWO

**O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.**

**قِنداق باللحنِ الثاني**

**يا شَفيعَةَ المَسيحيينَ غَيْرَ الخازِيَة، الوَسيطَةَ لَدَى الخالِقِ غَيْرَ المَرْدُودة، لا تُعْرِضي عَنْ أصْواتِ طَلِبَاتِنا نَحْنُ الخَطَأَة، بَلْ تَدارَكينا بالمَعونَةِ بِما أنَّكِ صالِحَة، نَحْنُ الصارِخينَ إليْكِ بإيمانٍ: بادِرِي إلَى الشَفاعَةِ وأسْرِعِي في الطِلْبَةِ، يا والِدَةَ الإلَه، المُتَشَفِّعَةَ دائِمًا بِمُكَرِّميكِ.**

## THE EPISTLE

**(For St. Athanasius)**

**The saints shall boast in glory, and they shall rejoice upon their beds.**

**Sing unto the Lord a new song; His praise is in the church of the saints.**

**The Reading from the Epistle of St. Paul to the Galatians. (5:22-6:2)**

**Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ.**

**الرسالة**

**للقِديسِ أثَناسيوس**

**لِيَبْتَهِجِ الأتْقِياءُ بِمَجْدٍ، لِيُرَنِّموا على مَضاجِعِهِمْ.**

**غَنّوا لِلرَّبِّ تَرْنيمَةً جَديدَةً، تَسْبِحَتُهُ في جَماعَةِ الأَتْقِياء.**

**فَصْلٌ مِنْ رسالةِ القدّيسِ بولُسَ الرسولِ إلى أهلِ غلاطية. (5:22-6:2)**
**يا إخوةُ، أمَّا ثمرُ الرُّوحِ فهو المحبَّةُ والفَرَحُ والسَّلامُ وطولُ الأَناةِ واللُّطفُ والصَّلاحُ والإيمانُ والوَداعَةُ والعَفافُ، وهذهِ ليسَ ناموسٌ ضدَّها. والَّذينَ هم لِلمَسيحِ، صَلَبُوا أَجسادَهُم بكلِّ ما فيها من أهواءٍ وشَهوات. فإنْ كُنَّا نَعيشُ بالرُّوحِ، فَلنَسلُكْ بالرُّوحِ أَيضًا، ولا نَكُنْ ذَوي عُجبٍ ولا نُغاضِبْ، ولا نَحسُدْ بَعضُنا بَعضًا. أيُّها الإخوةُ، إذا أُخِذَ أحدٌ في زَلَّةٍ فأَصلِحُوهُ أَنتُمُ الرُّوحيّينَ بِروحِ الوَداعَةِ، وَتبصَّرْ أَنتَ لِنفسِكَ لِئَلَّا تُجرَّبَ أَنتَ أَيضًا. إحمِلُوا بَعضُكُم أَثقالَ بَعضٍ وهكذا أَتِمُّوا ناموسَ المسيح.**

## THE GOSPEL
## (For the Fifth Sunday of Matthew)

**The Reading from the Holy Gospel according to St. Matthew. (8:28-9:1)**

**At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, “What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?” Now a herd of many swine was feeding at some distance from them. And the demons begged Him, “If Thou castest us out, send us away into the herd of swine.” And He said to them, “Go.” So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.**

## الإنجيل
## (للأحد الخامس من متى)

**فصلٌ شريفٌ من بشارةِ القديس متى الإنجيلي البشير والتلميذِ الطاهر. (8:28-9:1)**

**في ذلكَ الزمانِ، لَمَّا أتى يَسوعُ إلى كورَةِ الجِرْجِسِيينَ اسْتَقْبَلَهُ مَجْنونانِ خارِجانِ مِنَ القُبورِ، شَرِسانِ جِداً، حَتّى إنَّهُ لَمْ يَكُنْ أَحَدٌ يَقْدِرُ أنْ يَجْتازَ مِنْ تِلْكَ الطَّريق. فَصاحا قائِلَيْنِ: "ما لَنا ولَكَ يا يسوعُ ابْنَ الله؟ أَجِئْتَ إلى هَهُنا قَبْلَ الزَمانِ لتُعَذِّبَنا؟" وكانَ بَعيداً مِنْهُمْ قَطيعُ خَنازيرَ كَثيرةٍ تَرْعى. فَأَخَذَ الشَياطينُ يَطْلُبونَ إليْهِ قائِلينَ: "إن كُنْتَ تُخْرِجُنا، فَأْذَنْ لَنا أَنْ نَذْهَبَ إلى قَطيعِ الخَنازيرِ." فَقالَ لَهُمْ: "اذْهَبوا". فَخَرَجُوا وذَهَبُوا إلى قَطيعِ الخنازير. فإذا بالقَطيعِ كُلِّهِ قَدْ وَثَبَ عَنِ الْجُرْفِ إلى البَحْرِ وماتَ في المِياهِ. أمَّا الرُّعاةُ فَهَرَبُوا ومَضَوْا إلى المَدينةِ، وأخْبَروا بِكُلِّ شَيْءٍ وبِأَمْرِ المَجْنونَيْنِ. فَخَرَجَتِ المَدينَةُ كُلُّها لِلِقاءِ يَسوعَ. ولمّا رَأوهُ، طَلَبوا إليهِ أنْ يَتَحَوَّلَ عَنْ تُخُومِهِمْ. فدَخَلَ السَفينَةَ واجتازَ وأتى إلى مدينَتِه.**

# God-bearing Father Athanasius of Athos

**On July 5 in the Holy Orthodox Church, we commemorate our Venerable and God-bearing Father Athanasius of Athos, and his six disciples who died with him.**

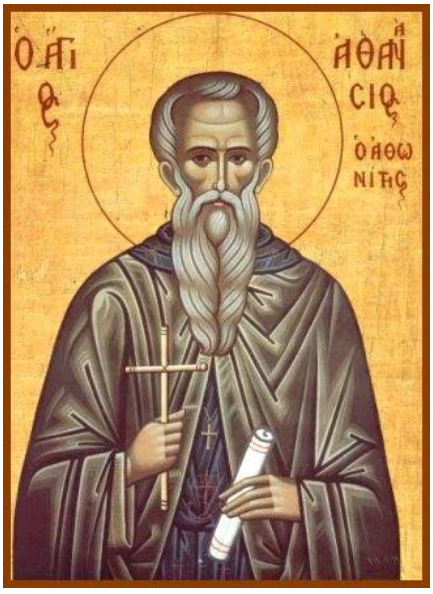
**Verses**

**Anthony the Great was the inception of the Fathers,**

**And divine Athanasius, their godly culmination.**

**On the fifth, Angels took Athanasius and his disciples to the City of God.**

**Born in Trebizond of God-fearing parents, he was early left destitute, but, by the providence of God, a high-ranking army officer took him to Constantinople and educated him there. Finishing his schooling, Athanasius eventually moved to the Holy Mountain to live in silence and strict asceticism. Many, desirous of the ascetic life, began to gather round him and he was constrained to build the famous Lavra. The Byzantine Emperors gave him generous help in this. Manifold temptations came upon Athanasius, from demons and from men, but he, as a valiant soldier of Christ, resisted and overcame them all by his immense humility and unceasing prayer to the living God. Filled with the grace of God, he was found worthy to behold the most holy Mother of God, who miraculously brought forth water from a rock. Death came to him suddenly in 1003. He, together with six of his monks, had climbed up onto a newly-constructed part of the church to inspect a wall that was in building when the wall fell in and buried them all. Athanasius appeared a number of times to his brethren after his death, to console or rebuke them. On this day, we also commemorate Venerable Lampados of Irenoupolis; and Venerable hieromartyr Cyprian of Mount Athos.**



# PAN-ORTHODOX CHURCHES OF GENESEE COUNTY

# SOFTBALL

## *Fellowship Game*

Join us for our annual Pan-Orthodox Softball Game. This year St. Mary Magdalene will be hosting the food. Reach out to your parish coordinator for additional information!

**SUNDAY, JULY 12, 2026 | 3PM**

St. John the Evanglist Catholic School
(514 Lincoln St, Fenton, MI 48430)

**Registration Numbers**

Collect your parish's number of players and observers by Sunday, July 5th and send to SMM so we can plan the food.

## Saturday, August 15th

**Divine Liturgy of the Dormition, 10am, at St. George, with the traditional Garisha meal following.**

## REGISTER NOW!

**OUR ANNUAL ST GEORGE GOLF CLASSIC WILL BE HELD ON SATURDAY, AUGUST 22ND, AT FLUSHING VALLEY GOLF COURSE.**

**SCAN THE QR CODE TO REGISTER A TEAM AND/OR SPONSOR. YOUR SUPPORT IS GREATLY APPRECIATED!**

## Men's society—

We meet the 2nd Tuesday of each month for a meal, fellowship, and guest speakers. Our next meeting will be on Tuesday, July 7th, at 6pm, in the St. George Banquet Center.

## OUR STEWARDSHIP, OFFERINGS, & DONATIONS

**BELOVED MEMBERS OF THE FAMILY OF ST. GEORGE**

**EACH OF YOU SHOULD GIVE WHAT YOU HAVE DECIDED IN YOUR HEART TO GIVE, NOT RELUCTANTLY OR UNDER COMPULSION, FOR GOD LOVES A CHEERFUL GIVER. (2 CORINTHIANS 9:7)**

**Our stewardship, offerings, and donations are needed. PLEASE help your parish by continuing to offer your gifts! If you cannot come to church, you can simply go to our parish website (https://saintgeorgeflint.org/) and donate online (or use the QR code below) or you can bring or mail your offerings to St. George, 5191 Lennon Road, Flint, MI 48507. As always, THANK YOU for your generosity and love of our St. George! Online Donations will accept Credit / Debit Cards or ACH (transfers from a banking account) and can be set for automatic donations. Call the Church Office (810-732-0720) if you need help with this.**

**Automatic Giving. Did you know most banks and credit unions offer automatic bill payment services? You can set it up so they send a check from your account to St. George for the amount you designate. This can be a onetime event or done automatically weekly/monthly. Just call or go online with your banking institution to get the form you need.**

## Holy Oblation offered for

- **The health of the Shaheen and Nakfoor Families and in loving memory of William, Elaine (40 day).**
- **For the health of the Joubran, Khoshaba, Hanna and Elias families, and in memory of Emil Joubran and Joselyn Elias.**
- **The health of Najib, Eman Abuaita and their family, Emileanos, Jane, Anaam, Fadi, Ezat, Jiries, Seham and their families, and in loving memory of Alah (40 day), Emil, Gregory, and Mary.**
- **All members of St. George in Flint.**
- **Christians around the world.**

## PRAYER LIST

**Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: Sahar Abdallah, Abeer Abuaita, Issa and Jane Abueita, Soad Abuaita, Philip and Janett Abuaita, Rasha Abuaita, Sami and Shafiqa Abuaitah, Georgette Abueita, Youssif Abousamra, Fr. Joseph Abud, Ghaydaa Awad, Elia and Nadia Awwad, Naila Banna, Tareq Bannoura, Kristy Corcoran, Vera Daoud, Archimandrite Jeremy Davis, Subdeacon George and Suad Gantous, Phyllis Good, Patty Harris, Daisy Isaac, Linda Jamra, Joyce Mansour, Danny Mortensen, Karen Mortensen, George Nassif, Adam Odeh, Betty and Richard Ramsdale, Samia Sadik, Edward Michael Salim, Kelly and Steve Sanderson, Cathy Sisco, Gary Stewart, Richard Shaheen, Nancy and Michael Silpoch, Milad Zerka, our Catechumens who are under instruction to become members of our Orthodox Faith: Tanner and Heavenly Roland, Alex Benoit, Katelyn Wells, Zachary Richmond, and Keanan Springer. Our Expectant Parents: Anoud and Elias Qumseya, Natania and Rene Hanna, Heavenly and Tanner Roland, Kari and Panagiotis Mikroudis, Christine and Khalil Abousamra, Tamer and Mirna Abuaita, Watan and Karim Assaad, and Lina and Shehab Alrishmawi.**

**Departed this life in the hope of the resurrection and life eternal Newly departed: Daniel Ghattas (6/ 7), and Shafiqa Qurban (6/18).**

### Live Streaming of Divine Services

St. George is open for all parishioners and visitors. If you cannot attend, please pray with us through our livestream which can be seen on our YouTube Channel:

https://www.youtube.com/c/SaintGeorgeOrthodoxChurchFlintMI

If you have a smart TV, you actually have a web browser and YouTube app built in. All you have to do is start the browser app for YouTube and put the link in the address bar.