

St. George Orthodox Church

5191 Lennon Road • Flint, MI 48507 • (810) 732-0720

Web Site: saintgeorgeflint.org

V. Rev. Father Joseph M. Abud, Pastor

Protodeacon Michael Bassett

June 27, 2021

Glory to Jesus Christ! *Glory Forever!*

Live Streaming of Divine Services

St. George is open for all parishioners and visitors. If you cannot attend, please pray with us through our livestream which can be seen on our YouTube Channel:

<https://www.youtube.com/c/SaintGeorgeOrthodoxChurchFlintMI>

If you have a smart TV, you actually have a web browser and YouTube app built in. All you have to do is start the browser app for YouTube and put the link in the address bar.

Welcome to St. George! Thank you for attending today's Divine Services. Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "*Liturgy*" means *work of the people* that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. We believe Holy Communion to be a sign that in Christ we have all things in common, share an identical faith, and are united fully to the Orthodox Church. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy. Holy Communion can be given to Orthodox Christians who have prepared themselves through prayer, fasting (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, and being at peace with others. Everyone is invited to receive the final blessing of the priest and Holy Bread at the end of Liturgy.

Holy Bread Offerings

- Subdeacon George and Suad Gantous for the health of their family and in loving memory of **Melad** Abu Sinni (40 day, brother of Suad).
- Protodeacon Michael and Shammasy Pam Bassett for the health of their family and in loving memory of Pastor **David** Ross (40 day, friend of Dn. Mike).
- Evelyn Delbridge for the health of her family especially **Roger** Isaac, **Brian** Silpoch, and their families and in loving memory of brother **Raji** Khoury (1 year), husband **James**, and grandson **Matthew** Lawrence (23 year).
- Michael and Nancy Silpoch for the health of their family and in loving memory of **Frank** Salim (Nancy's father who is 100 years old next month), **Rudolph** Silpoch (Michael's father) and grandfathers: **Elias**, **Nickola**, **Joseph**, and **Anthony**.

Baptism/Chrismation Days

The Church School offers the Holy Bread for their teachers and/or students who are celebrating their *New Birth* {Baptism and/or Chrismation} into the Church this week:

● **Yasmeen** Mitri – June 29th

● **Matthew** Hayek – July 1st

May they be children of the Light and heirs of eternal good things. {Baptismal Service}

- We also pray for the servants of God who have fallen asleep in the Lord: **Mitri** Saleh (+May 14th, brother of Susan Qazaha), **Michael** Joseph (+May 18th, nephew of Sally Joseph), **Thomas** Morrow (+May 23rd, father of Christina Joseph), **Catherine** Verbosky (+May 31st, sister of Dn. Mike), and **Charles** Darany (+June 5th, friend of Laila Abud).
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Metropolitan Paul** and **Archbishop John** who are in captivity, **Sahar** Abdallah, **Amal** Abu-Aita, **Asma** Abuaita (sister of Janett), **Shafiq**a Abuaitah, **Suheil** and **Abeer** Abuaita, **Anwar** Abueita, **Wadia** Albaba, **William** Alsahouri, **Emil** Bathish, **Levi** Cooper, **Vera** Daoud, **Jimmy** David, **Thuraya** Elias (mother of Ayman), **Vera** Farah, **Averie** Fisher (niece of Doug and Sandy Thomas), **Elias** Gantos, **Mariam** Ghanim (mother of Manal Abuaita), **Phyllis** Good, **Gracyn** Haskins (granddaughter of Mike and Nancy Silpoch), **Daisy** Isaac, **Lubna** Jones, **Nakhleh** Khoury, **Nicola** Khoury, **George** and **Jeanette** Nassif, **Aida** Raffoul, **Deborah** Salim, **Ellis** Salim, **Nicholas** Saseen, **Elaine** Shaheen, **Michael** Silpoch, **William** and **Elise** Sophia Jr.; **Matthew**, **Sarah**, and newborn **Landon** Thomas [June 10th, grandson of Doug and Sandy]; **George** and **Angel** David whose marriage crowns will be removed on this day.
- We also pray for our expectant parents: **Mirna** and **Tamer** Abuaita [son of Khader and Lucy], **Jasanta** and **Ghassan** Al-Khoury, **Haneen** and **Benan** Burbar, **Natania** and **Rene** Hanna, **Kari** and **Panagiotis** Mikroudis [daughter of John and Theresa Farah], and **Rachel** and **Andrew** Sackllah [daughter of Suheil and Abeer Abuaita].

ANNOUNCEMENTS

NEW COVID-19 PROCEDURES Based on the quickly changing directives and guidance from Metropolitan Joseph, the Center for Disease Control and Prevention (CDC), and our state government, our Parish Council has NEW PROCEDURES. We all want the safest place for all of our parishioners to worship. **PLEASE FOLLOW:**

1. Those who are vaccinated may wear a mask, **but are not required to.**
2. If you are not vaccinated because of medical or other reasons, **you must wear a mask and maintain social distancing.**
1. Pews in the back of the church are for **those who would like to be social distanced and those who are not vaccinated.**
2. **Our First meal together** will take place on July 4th honoring Bishop Anthony's visit and celebrating the Ordination to the Holy Priesthood of Deacon Michael Bassett.

Our live-stream will continue. Remember we are venerating icons by bowing (*not kissing or touching*) and the same for the Bishop / priest's hand and the chalice at Holy Communion.

NEXT WEEKEND... **VISIT OF BISHOP ANTHONY!**

DN. MIKE ORDAINED TO THE PRIESTHOOD!

His Grace Bishop Anthony will be with us NEXT Weekend, July 3rd-4th for Saturday Pan-Orthodox Great Vespers and on Sunday for the ordination of Protodeacon Michael Bassett to the Holy Priesthood. It will be a blessing to have His Grace with us and for all of us to witness Dn. Mike's ordination. **Our first meal together since March 2020 will follow the Hierarchical Divine Liturgy!** PLEASE RSVP for the meal to Areen Bathish (abathish52@gmail.com).

Celebration Lunch – ALL are Invited, Join Us!

In honor of our **Bishop Anthony** of Toledo and the Midwest Diocese and in celebration of **Deacon Michael** on his ordination, our Parish Council invites everyone to a catered lunch by Chef Louis of Redwood Steakhouse in our Banquet Center. You must RSVP so arrangements can be made with the caterer.

Please RSVP with Areen Bathish (abathish52@gmail.com) as soon as possible so you can be part of this beautiful celebration!

ARE YOU VACCINATED? DO YOU HAVE QUESTIONS AND NEED ANSWERS? We are blessed to have a number of medical professionals in our parish and all of them want you to get your Covid-19 vaccine as soon as possible. There is lots of wrong information on TV and social media. Don't be fooled; it could cost you or your family and friends in a sad way! If you have any questions or need truthful information, please contact Dr. Lindsey (Farah) Brunner: text ONLY, please 810-908-9213 or Infarah2009@hotmail.com. **If you or someone you know needs help making an appointment or need to be driven to one, please call the church 810-732-0720.**

COMING EVENTS

This Week	The traditional fasting discipline (<i>no meat, poultry, meat by-products, eggs, dairy, fish, wine, olive oil, and their by-products</i>) is observed on Monday, Wednesday, and Friday. The Apostles' Fast (sometimes called the Peter and Paul Fast) is one day this year (Monday) and continues until their feast day on Tuesday, June 29 th .
Monday	Pan-Orthodox Evening Divine Liturgy for Saints Peter and Paul 6pm
Saturday	Pan-Orthodox Great Vespers with Bishop Anthony 5pm

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FASTING ~ Fasting That is Pleasing to God

by Abbot Tryphon, head of All-Merciful Savior Monastery on Vashon Island, Washington

"But as for me, when they (the demons) troubled me, I put on sackcloth. And I humbled my soul with fasting, and my prayer shall return to my bosom." (Psalm 34:13)

continued ⇨

Since the Apostles Fast begins this coming Monday for those of us who are on the Julian calendar, it is a good time to take a look at just how fasting relates to our lives as Orthodox Christians.

50 BIBLE VERSES *on* FASTING

1 Corinthians 10:31	Isaiah 58:3
1 Corinthians 7:5	Isaiah 58:6
1 Corinthians 9:27	Jeremiah 14:12
1 Kings 19:8	Joel 1:14
1 Samuel 31:13	Joel 2:12
1 Samuel 7:6	Joel 2:15
2 Chronicles 7:14	Judges 20:26
2 Corinthians 11:27	Luke 18:12
2 Samuel 1:12	Luke 2:37
2 Samuel 12:16	Luke 4:2
2 Samuel 3:35	Mark 2:18
Acts 10:30	Mark 9:29
Acts 13:2	Matthew 4:2
Acts 13:3	Matthew 4:4
Acts 14:23	Matthew 6:16
Acts 9:9	Matthew 6:18
Daniel 10:3	Matthew 9:14
Daniel 6:18	Matthew 9:15
Daniel 9:3	Nehemiah 1:4
Esther 4:16	Nehemiah 9:1
Esther 4:3	Psalms 109:24
Exodus 34:28	Psalms 35:13
Ezra 10:6	Psalms 69:10
Ezra 8:21	Zechariah 7:5
Ezra 8:23	Zechariah 8:19

Our fasting is pleasing to the Lord when it is accompanied by mercy and kindness, and done without hypocrisy or pride. Fasting brings the passions under control by not only taming the body, but bringing victory over the demons. Fasting gives us power over the demons because it has a powerful impact on our own spirit. The body is brought under submission by fasting and gains freedom, sobriety, purity and strength.

Another benefit of fasting is what it does for our health. What we put into our bodies does matter and the periods of fasting given to us by the Church afford us the opportunity to cleanse our bodies of toxins and extra weight. An important part of keeping the fast is the reduction of the amount of food we eat, not just the type of food. Some make the mistake of simply eating foods that are devoid of eggs, dairy, fish and meat. Rather than replacing these foods with beans, vegetables, soups, salads and whole grains, they replace meat with soy products and other prepared foods.

Fasting is a good time to bring all the passions under control, including our compulsive food intake. Eating only whole organic foods during these fasting periods makes us feel lighter. It clears the mind and makes us more open to the things of God.

Finally, periods of fasting should be approached with joy. This is not about deprivation but about renewal of body and soul.



Get out your bible and find the above verses on Fasting (or at least a few of them!) so you can better understanding how Jesus fasted, His apostles and disciples fasted, those who became follows of Christ (Christians) fasted, and why FASTING IS FOR US! ~ love, FJ

The Pan-Orthodox Churches of Genesee County

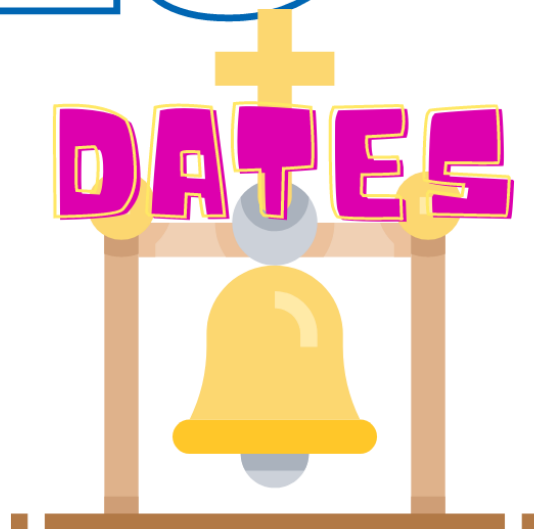
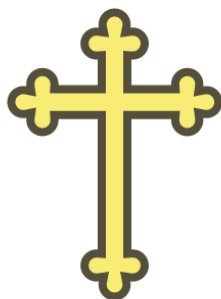
VACATION
CHURCH
SCHOOLS!

AUGUST
17-19

SAVE

THE

DATES



The Pan –Orthodox Churches of Genesee County
presents

VACATION CHURCH SCHOOL 2021

hosted by St. Mary Magdalene Parish

August 17th, 18th & 19th

Who: All children ages 4 through 11

What: “My Orthodox Tool-kit” -building a little church at home.

Where: St. Mary Magdalene Orthodox Church (2439 S. Long Lake Rd—Fenton, MI)

When: August 17-19th, Drop off 4:45pm Pick-up 7:15pm

Why: Being Orthodox isn't a name you call yourself it is a lifestyle that you live. Giving our youth the tools they need to create a little church in the home allows them to guard their lives from the trials of this fallen world. Our goal is to draw a correlation between the prayer life at home and the Liturgical prayer life and the importance of both in their life.

How: Fill out a registration form for each child that is attending and mail to St. Mary Magdalene, or drop off in person.

Early registration is open from June 21st - July 12th. Space is limited. Registration closes August 1st.

Children's Itinerary	Adult's Itinerary
4:45 –5pm Drop-off/ Check-in 5-5:30pm Lesson One 5:30-6pm Dinner 6-6:30pm Lesson with the Priest 6:30-7pm Creating a prayer corner 7-7:15 Small Compline in the Church all together 7:15-7:30 pick-up Tuesday: Iconography and the Cross Wednesday: Candles & Incense Thursday: Praying Groups: Group A: Ages 4, 5, & 6 Group B: Ages 7, 8, & 9 Group C: Ages 10 & 11	4:45 –5pm Drop-off/ Check-in 5-5:30pm Parent Fellowship 5:30-6pm Light Refreshment for Parents out by the Shrine 6-6:30pm Parent-led discussion about raising children in the Church 6:30-7pm Parent session with the priest (topics include; Holy Habits in the Home, Forgiveness in the Home & Raising Good Stewards) 7-7:15 Small Compline in the Church all together 7:15-7:30 pick-up <i>You are welcome to drop off your children at VCS, but we prefer you stay and join with other parents for fellowship and adult discussion topics.</i>

✠ For additional information please contact the St. Mary Magdalene Parish Office– Office hours are Monday, Wednesday & Friday 10am – 3pm Or email smmocaefenton@gmail.com

✠ There is no fee for a child to participate in VCS, however please consider a free-will offering to the church to help cover the cost of the event.

