

St. George Orthodox Church

5191 Lennon Road • Flint, MI 48507 • (810) 732-0720

Web Site: saintgeorgeflint.org

June 26, 2022

Father Joseph M. Abud, Pastor
Father Michael Bassett, Attached

Glory to Jesus Christ! Glory Forever!

Live Streaming of Divine Services

St. George is open for all parishioners and visitors. If you cannot attend, please pray with us through our livestream which can be seen on our YouTube Channel:

<https://www.youtube.com/c/SaintGeorgeOrthodoxChurchFlintMI>

If you have a smart TV, you actually have a web browser and YouTube app built in. All you have to do is start the browser app for YouTube and put the link in the address bar.

Welcome to St. George! Thank you for attending today's Divine Services. If you are a first-time visitor, please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you after liturgy, so feel free to join us during Coffee Fellowship in our Banquet Center! Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "*Liturgy*" means *work of the people* that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. We believe Holy Communion to be a sign that in Christ we have all things in common, share an identical faith, and are united fully to the Orthodox Church. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy. Holy Communion can be given to Orthodox Christians who have prepared themselves through prayer, fasting (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, and being at peace with others. Everyone else, including visitors, are invited to receive the final blessing of the priest and Holy Bread at the end of Liturgy. Again, welcome!

Holy Bread Offerings (*Oblations*)

- Carol Haddad and Family for the health of their family and in loving memory of husband, father, and grandfather **Nasri** (40 day) and **Larry** Sisk (40 day, brother of Carol).
- Kristina Cooper, Dr. Anton Khouri, Katrina Khouri and their Families for the health of their families and in loving memory of parents **Edward** (5 year) and **Salwa** Khouri (19 year).
- Ayman and Wafaa Elias for the health of their family and in loving memory of daughter **Joselyn** (8 year), son **Elias**, and brother-in-law **Tony** Elsykali (1 year).

- **Hiam** Bathish for her health and the health of her **children, grandchildren, and great-grandchildren** especially **Areen** Bathish on the occasion of her birthday ~ *May God grant her many years* ~ and in loving memory of husband **Emil, Yacoub** and **Marie** Farah, and **Naif** and **Julia** Bathish.

Baptism/Chrismation Days

The Church School offers the Holy Bread for their teachers and/or students who are celebrating the day of their *New Birth* {Baptism and/or Chrismation} into the Church:

• **Yazmeen** Mitri ~ June 29th

• **Matthew** Hayek ~ July 2nd

May they be children of the Light and heirs of eternal good things. {Baptismal Service}

- We pray for the servants of God who have fallen asleep in the Lord: **Jill** Price (40 day, friend of Rose Ayoub), **Saher** Abu Aita (+May 29th, son of Tawfiq), and **Georgette** Yusuf (+June 4th).
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Metropolitan Paul** and **Archbishop John** who are in captivity, **Sahar** Abdallah, **Sally** Abuaita, **Suheil** and **Abeer** Abuaita, **Khader** AbuAita, **Shafiq** Abuaitah, **Laila** Abud, **Anwar** Abueita, **Jane** Abueita, **Chelsy** Abufarha, **Daniel** Alghanim (father of Dania Hanna), **William** Alsahouri, **Danny** Andoni, **Sharon** Ballreich (sister of Nancy Silpoch and Deborah Salim), **Emil** Bathish, **Douglas** Coone, **Levi** Cooper, **Vera** Daoud, **Jimmy** David, **Victor** David, **Elias** Gantos, **Christopher** George, **Mariam** Ghanim (mother of Manal Abuaita), **Jamil** Ghantous, **Denise** Ghattas, **Phyllis** Good, **Nadia** Ibrahim (mother of Ziyad), **Daisy** Isaac, **Dannie** Jones, **Loretta** Karpelenia (mother of Denise Ghattas), **Judy** Mikhail, **Laura** Nassar, **Aida** Raffoul, **Jose** Ramirez (known to Reem Bathish), **Deborah** Salim, **Elaine** Shaheen, **Michael** Silpoch, **Vicki** Toma (sister of Fr. Joe), and **Michael** Zerka (uncle of Lauren Zerka); **Daniel**, **Staci**, and newborn **Phoebe Caroline** Bator (May 18th). **James Michael** Lane (son of Jarrett and Elise [Ghattas] Lane) who was brought into the Orthodox Faith through the Holy Sacraments of Baptism, Chrismation, and his First Communion.
- We also pray for our expectant parents: **Casandra** and **Daniel** Burbar, **Joselien** (daughter of Issa and Esperanza) and **David** Khoury, **Sandy** (daughter of Issa and Esperanza) and **Raad** Qumsieh, and **Jacqueline** (daughter of Anwar and Janet) and **John** Timm.

ANNOUNCEMENTS

COFFEE FELLOWSHIP is in our Lounge and is hosted by *Carol Haddad and Family*.

COFFEE FELLOWSHIP HOSTS Available dates: July 3rd, 10th, 17th, 24th, and 31st ~ sign-up poster and hosting information is in the Lounge and includes bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. **For more information, contact Manal Abuaita** (810-577-0028).

OUR ANNUAL PAN-ORTHODOX PICNIC AND SOFTBALL GAME, JULY 10TH!

(Please see flier on the Lounge Bulletin Board) Contact our coordinator Anwar (Andy) Abueita at 810-394-2918 or andydollar007@aol.com to help with the picnic or if you would like to play. Thank you to Fr. Anthony Strouse, pastor and the faithful of St. Pius X Catholic Church for extending their hospitality to our Orthodox faithful!



Our stewardship, offerings, and donations are needed. PLEASE help your parish by continuing to offer your gifts! If you cannot come to church, you can simply go to our parish website (<https://saintgeorgeflint.org/>) and donate on-line (*use the QR code to the left*) or you can bring or mail your offerings to St. George, 5191 Lennon Road, Flint, MI 48507. As always, THANK YOU for your generosity and love of our St. George!

COMING EVENTS

Fasting Discipline The **Apostles' Fast** (sometimes called the Peter and Paul Fast) always begins on the Monday following All Saints Sunday (last Sunday, June 19th). During this Fast, we observe the traditional fasting discipline (*no meat, poultry, meat by-products, eggs, dairy, fish, wine, olive oil, and their by-products*) on Monday, Wednesday and Friday with *fish, wine, and olive oil* allowed on Tuesday, Thursday, Saturday, and Sunday until the feast day of Saints Peter and Paul on Wednesday, June 29th.

Wednesday Combined Pan-Orthodox ***Divine Liturgy*** for **Saints Peter and Paul** at *St. Nicholas*
(2143 South Center Road, Burton 810-744-0070) 10am

Saturday ***Great Vespers and Confessions*** 5pm

Lust ~ Waging War Against The Flesh

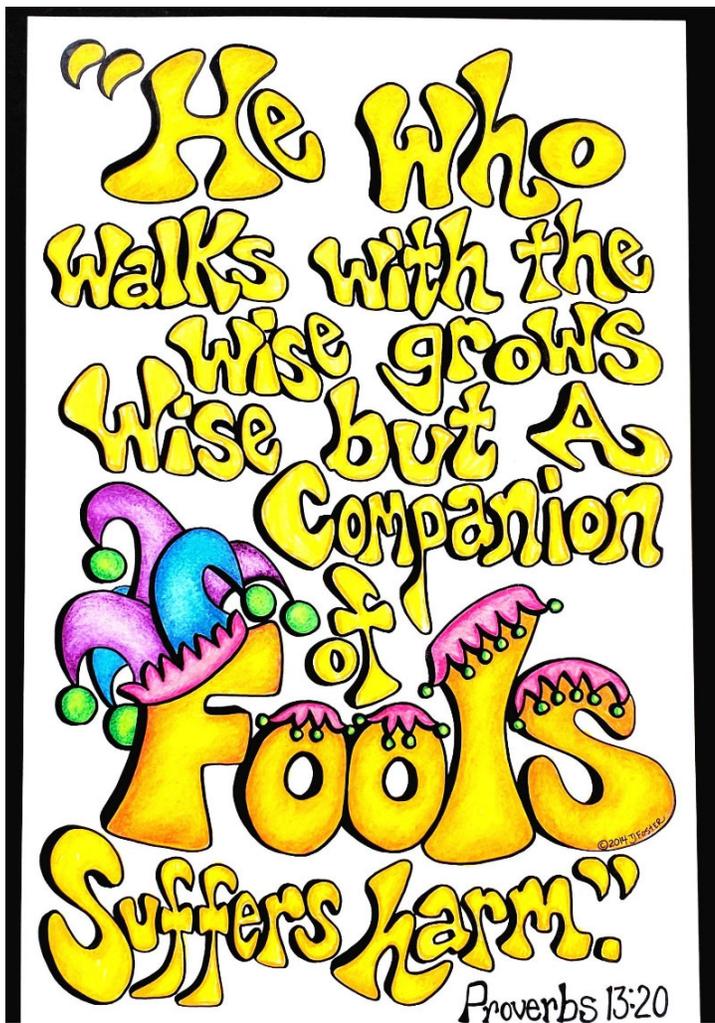
by Abbot Tryphon, head of All-Merciful Savior Monastery on Vashon Island, Washington

Since the eyes and the ears are the doors of the soul, an Orthodox Christian must not leave the body without attention. Unlike the religion of Gnosticism, which teaches the separation of soul and body, with the physical world being evil and something to be overcome, historic Christianity teaches the unity of the body and soul, with the physical world being transformed and made anew in Christ. This means that, while caring about one's soul, an Orthodox Christian must not leave the body without attention.

The body is given over to temptation, which is rooted in the mind. As Christians we know that we must never play with temptations, for in doing so we have already fallen half-way. Thus, an Orthodox Christian who takes his salvation seriously would never partake in seductive dances, or enter into flirtation as though it were a sport, for he would know this to be a dangerous game.

Temptations gain hold when we entertain dirty thoughts and ideas, sometimes by allowing our eyes and ears to entertain things that can overcome our will, causing us to fall. It is much easier to stop a temptation in the beginning, than to do battle with a seductive idea once it has gained entry. A person who wants to prevent a burglary makes every effort to prevent a burglar from gaining entrance in the first place. Like taking precautions that will prevent a burglary, we must never allow ourselves to entertain temptations, for that would be like inviting a criminal into your home with the intent of trying to talk him out of stealing from you.

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Many are convinced that sexual needs are so insurmountable in strength, as to make it impossible to resist. This is only the case when we habitually give in to the passions, and avoid using the tools given to us by the Church to bring our body into submission. If we observe the periods of fasting, especially Wednesdays and Fridays, eat moderate amounts of food, avoid the overuse of alcohol, and say no to drugs, we will have taken a big step forward in our struggle with lust. Remember, a healthy body contributes to the health of the soul.

Finally, it is good to take to heart the advice of Saint Ephraim of Syrian, "*Think about the good so as not to think about the bad.*" Guard against spending time with people whose jokes and story-telling are occasions for sinful thoughts, and avoid bad company, "Do not be deceived: *Bad company ruins good morals.*" (1 Corinthians 15:33)