

# St. George Orthodox Church

5191 Lennon Road • Flint, MI 48507 • (810) 732-0720

Web Site: [saintgeorgeflint.org](http://saintgeorgeflint.org)

V. Rev. Father Joseph M. Abud, Pastor

Protodeacon Michael Bassett

February 10, 2019

## HIEROMARTYR HARALAMPOS THE WONDER-WORKER

Tone - 4 4<sup>th</sup> Matins Gospel {Luke 24:1-12}

Altar Servers: **EVERYONE**

Confessions  
8:30-9:30am

Matins p.44  
8:50am

Divine Liturgy p.91  
10:00am

Memorial Service  
Trisagion p.183

**Welcome to St. George!** Thank you for attending today's Divine Liturgy. Please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you, so feel free to join us during Coffee Fellowship in our Banquet Center!

Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "Liturgy" means *work of the people* that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. We believe Holy Communion to be a sign that in Christ we have all things in common, share an identical faith, and are united fully to the Orthodox Church. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy. Holy Communion can be given to Orthodox Christians who have prepared themselves through prayer, fasting (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, being at peace with others, and attending the Divine Liturgy regularly. Please know everyone is invited to venerate the Holy Cross and receive Holy Bread at the end of Liturgy.

In the **Divine Liturgy of St. John Chrysostom** {*the Golden-Mouth*},  
we sing the following Special Hymns for today:

**Third Antiphon** (during the Little Entrance)

### **Troparion of the Resurrection—Tone 4**

Having learned the joyful message of the resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples, saying: Death hath been spoiled. Christ God is risen granting the world great mercy.

### **Hymns after the Entrance with the Gospel**

#### **Troparion of the Resurrection—Tone 4** (*same as above*)

إن تلميذات الرب تعلمن! من الملاك بشرى القيامة البهجة، و طرحن القضية الجدية و خاطبن الرسل مفتخراتٍ و قائلاتٍ قد سبي الموت و قام المسيح الإله مانحاً العالم الرحمة العظمى.

#### **Troparion for St. George—Tone 4**

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings: Victorious Great Martyr George, intercede with Christ our God, for our souls' salvation.

بما أنك للمأسورين محرر ومعتق، وللفقراء والمساكين عاضد وناصر، وللمرضى طبيب وشاف، وعن المؤمنين مكافح ومحارب، أيها العظيم في الشهداء جاورجيوس اللابس الظفر، تشفع إلى المسيح الإله في خلاص نفوسنا.

### **Troparion for St. Haralampos—Tone 4**

O wise Haralampos, you became an unshakable column in the church of Christ and a lamp of everlasting light to the world. Well-known to the world through your martyrdom, you dispelled the dark night of idolatry. Intercede with Christ God, that He may save our souls.

لَقَدْ ظَهَرْتَ أَيُّهَا الْحَكِيمُ خَرَّ الْمُبُوسِ كَعَمُودٍ لِكَنِيسَةِ الْمَسِيحِ غَيْرِ مُتَزَعِّزٍ وَمِصْنَبِاحٍ لِلْعَالَمِ مُسْتَدِيمِ الْإِنَارَةِ، نَسَطُغُ قَنْزِيلُ دُجَى الْأَصْنَامِ، يَا مَغْبُوطُ، بِالْإِسْتِشْهَادِ. إِذَا تَشَفَّعْ بِدَالِيَةِ إِلَى الْمَسِيحِ فِي خِلَاصِنَا.

### **Kontakion for the Virgin Mary—Tone 2**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant: O despise not the suppliant voices of those who have sinned, but be thou quick, O good one, to come unto our aid, who in faith cry unto thee. Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

يَا شَفِيعَةَ الْمَسِيحِيِّينَ غَيْرِ الْخَازِيَةِ الْوَسِيطَةِ لَدَى الْخَالِقِ غَيْرِ الْمَرْدُودَةِ لَا تَعْرُضِي عَنْ أَصْوَاتِ طَلِبَاتِنَا نَحْنُ الْخَطَاةَ، يَا تَدَارِكِينَ بِالْمَعُونَةِ بِمَا أَنْكَ صَالِحَةٌ، نَحْنُ الصَّارِخِينَ نَحْوَكِ يَا مَنِّانِ، بَادِرِي إِلَى الشَّفَاعَةِ وَأَسْرِعِي فِي الطَّلِبَةِ يَا وَالِدَةَ الْإِلَهِ الْمَتَشَفِّعَةَ دَائِمًا بِمَكْرَمِيكَ.

**Epistle Reading:** 2 Timothy 2:1-10 (for St. Haralampos)

**Gospel Reading:** Matthew 15:21-28 {17<sup>th</sup> Sunday of St. Matthew}

### Holy Bread Offerings

- Wafaa Elias for the health of her family especially **Ayman** on the occasion of his birthday -- *May God grant him many years!* and in loving memory of son **Elias** (17 year).
- St. George Church School for the health of our St. George Family especially all of our **Godparents** and **Godchildren** -- *May God grant them many years!*
- We also pray for the servant of God who has fallen asleep in the Lord: **Zuheir** Khair (+January 17<sup>th</sup>, son-in-law of George and Blanka Abuaita).
- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Metropolitan Paul** and **Archbishop John** who are in captivity, **Bishop Alexander** (Ottawa and Eastern Canada, and Upstate New York), **Laila** and **Sahar** Abdallah, **Androlla** Abu Aita, **Asma** Abuaita (sister of Janett Abuaita), **Cesar** and **Naila** Banna, **Emil** Bathish, **Alex** and **Panayiotis** Deligorges, **Vera** Farah, **Betty** Froberg, **Mariam** Ghanim (Manal's mother), **Phyllis** Good, **Carol** Haddad, **Roland** Haddad, **Patti** Harris, **Daisy** Isaac, **Nawal** and **Nemer** Iseid, **Sally** Joseph, **Nakhleh** Khoury, **Nicola** Khoury, **Kirolous** Meshraky, **Danny** Mortensen, **George** and **Renee** Nassif, **Aida** Raffoul, **Elaine** Shaheen, **Eva** Saseen (niece of George and Jeanette Nassif), **Michael** and **Nancy** Silpoch, **William** Sophia Jr., and **Lois** Teunion; **Nicholas**, **Karen** and newborn twins **Emily** and **Evelyn** Shaheen (January 3<sup>rd</sup>, Nicholas is the son of Drs. Ron and Kathy); **Hanna**, **Jenny** and newborn **Rosalina** Abuaita (February 1<sup>st</sup>); **Rami**, **Walaa** and newborn **Iyan** Khoury (February 1<sup>st</sup>).
- We also pray for those who are with child: **Ola** (Michael) Alqazaha, Dr. **Lindsey** (Dr. Ryan) Brunner, **Katrina** (Gary) Gagne, **Diana** (Ayman) Khair, **Natalie** (Shadi) Qumsieh, and **Sandy** (Raad) Qumsieh {daughter of Issa and Esperanza}.

### Communion Hymn (for the Lord's Day)

(Refrain) Praise the Lord from the heavens. Praise Him in the highest.

(Verse) Praise Him, all His angels; praise Him, all His hosts! (Refrain)

(Verse) Praise Him, sun and moon; praise Him, all you shining stars! (Refrain)

(Verse) Praise Him, you highest heavens, and you waters above the heavens! (Refrain)  
Alleluia, Alleluia, Alleluia.

### **Reception of Holy Communion**

Please remember only ORTHODOX CHRISTIANS who have PREPARED themselves may partake of Holy Communion. *“But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord’s body.”* (1 Corinthians 11:28-29). If you are physically able, please remain standing during Holy Communion.

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## **ANNOUNCEMENTS**

**GODPARENT SUNDAY BREAKFAST** Our Church School is having a delicious breakfast today in celebration and in honor of all of our Godparents and Godchildren. Adults \$5 each; Children 10 and under \$3 each. Everyone is invited!!! All profits and donations go to our Education Program.

**COFFEE FELLOWSHIP HOSTS** Available dates: February 24<sup>th</sup>, March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, and 24<sup>th</sup> ~ sign-up poster and hosting information is in the Lounge and includes: bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. For more information, see Manal Abuaita. *Cheesefare Sunday is March 10<sup>th</sup>, no meat products are to be served. During the Great Fast (March 11<sup>th</sup> – April 27<sup>th</sup>), no meat, poultry, eggs, dairy, fish, or their by-products are served.*

**CREDIT AND DEBIT CARDS** We can make donations and purchases by Credit or Debit Card. This can be done by coming to the office or calling 810-732-0720 during Office Hours (see below).

➤ **OFFICE HOURS** Our office manager, Kelly Dotson, works on Mondays, Thursdays, and Fridays (10am-4pm); Tuesdays and Wednesdays (1pm-4pm).

## **Patience**

### **Anything that is quickly obtained is also easily lost**

*by Abbot Tryphon, head of All-Merciful Savior Monastery on Vashon Island, Washington*

Americans are not a particularly patient people, as demonstrated by the fact that the fast food industry began with us. We don’t tolerate slow service, thus much of the food we consume is prepared before we order it. We drive our car to a window, order our food, and expect it to be ready, without delay, at the next window. If we are churchgoers, we expect the service to end within one and a half hours, on the dot. Our gardens are filled with flowers that come fully-grown, are dropped into the soil, and look good from the very first watering. No waiting around for the germination of seeds; we want instant beauty.

If an appliance breaks down, we buy a new one, rather than wait a week for repairs. We throw ourselves into the latest fad diet promising fast weight loss, only to see the weight come back after we are tired of the menu. We don’t apprentice for a career, but walk out of a university with the expectation our career will begin on day one. Many of

our children are allowed to dress in adult pop fashion, resulting in the loss of innocence, and the precious sweetness of childhood is transformed into a sort of miniature adult.

Since we have grown accustomed to having everything happen quickly, and without delay, we also expect our spiritual lives to be on the same quick time line. We don't have the patience to build upon the knowledge of the holy fathers, so we don't practice regular spiritual reading. Our church attendance is limited to the essential Sunday Liturgy, and even then we arrive late and perhaps leave before the Thanksgiving Prayers have been concluded. If fasting is difficult for us, we don't fast at all. If keeping a Prayer Rule is tedious, we don't try at all to develop a set time for our prayers. If our mind wanders during prayer, we let it, avoiding even the least amount of struggle.

If we hope to make progress in the spiritual life, it is good to remember the words of Saint Isaac the Syrian, "For anything that is quickly obtained is also easily lost, whereas everything found with toil is also kept with careful watching."

### COMING EVENTS

This Week	The traditional fasting discipline ( <i>no meat, poultry, eggs, dairy, fish, wine, olive oil, and their by-products</i> ) is observed on Wednesday and Friday.
Monday	<b>Bible Study: Acts of the Apostles</b> 6-8pm
Tuesday	<b>Altar Society Dinner Meeting</b> see Theresa Farah for information 6pm
Wednesday	<b>Arabic/English Bible Study: Acts of the Apostles</b> 12-2pm <b>SOYO Wednesday</b> 6:30-8:30pm
Saturday	<b>Great Vespers and Confessions</b> 5pm

- If you know of a parishioner who has given birth, fallen ill, or admitted to the hospital, please call the church office or let Father Joe know.
- If you would like to host Coffee Fellowship in memory of a loved one, the occasion of a birthday, a wedding anniversary, or in thanksgiving to God, sign up on the poster in the Lounge or speak with Manal Abuaita.
- If you would like to offer Holy Bread (*Holy Oblation*) in memory of a loved one, for the health or safety of a loved one, or to commemorate a special occasion, you may phone the church office (810-732-0720) by 12 Noon of the Wednesday before. If in memory of a loved one, please state if you would like to have a **Memorial Service**, which takes place near the end of Divine Liturgy. It is always appropriate to have a Memorial Service on the 3<sup>rd</sup>, 9<sup>th</sup>, and 40<sup>th</sup> day after one's falling asleep along with the yearly anniversary. It may also be done on the 6<sup>th</sup> month anniversary. If you would like to make the Holy Bread, please see or contact Aida Nassar 810-433-1515.
- If you have an item you would like to place in NEXT week's Bulletin, please call the church office by 12 Noon on Tuesday.