

St. George Orthodox Church

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Web Site: saintgeorgeflint.org

V. Rev. Father Joseph M. Abud, Pastor

Protodeacon Michael Bassett

January 13, 2019

VENERABLE EUTHYMOS THE GREAT

Tone - 1 1st Matins Gospel {*Matthew 28:16-20*}

Altar Servers: **EVERYONE**

Confessions

8:30-9:30am

Matins p.44

8:50am

Divine Liturgy p.91

10:00am

Memorial Service

Trisagion p.183

Welcome to St. George! Thank you for attending today's Divine Liturgy. Please register your visit by completing the guest book located in the narthex. We would appreciate getting to meet you, so feel free to join us during Coffee Fellowship in our Banquet Center!

Every Sunday we remember the Resurrection of our Lord and Savior Jesus Christ. The word "*Liturgy*" means *work of the people* that means everyone participates through singing, praying, hearing the teaching, and opening our hearts to allow God's grace to enter. We believe Holy Communion to be a sign that in Christ we have all things in common, share an identical faith, and are united fully to the Orthodox Church. Anyone interested in learning more about our faith are encouraged to speak with one of our clergy. Holy Communion can be given to Orthodox Christians who have prepared themselves through prayer, fasting (no food or drink from midnight the night before), the Sacrament of Confession (7 years and older) within the last 2 months, being at peace with others, and attending the Divine Liturgy regularly. Please know everyone is invited to venerate the Holy Cross and receive Holy Bread at the end of Liturgy.

In the **Divine Liturgy** of **St. John Chrysostom** {*the Golden-Mouth*},
we sing the following Special Hymns for today:

Third Antiphon (during the Little Entrance)

Troparion of the Resurrection—Tone 8

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial that Thou might deliver us from passion. Thou art our life and our resurrection, O Lord, glory to Thee.

Hymns after the Entrance with the Gospel

Troparion of the Resurrection—Tone 8 (*same as above*)

انحدرت من الغلو يا مُتَحَيِّن. وقبِلت الدفنَ ذا الثلاثةِ الأيام، لكي تُعْتَقَنَا من الآلام. فيا حياتنا وقيامتنا يا ربُّ المجدُّ لك.

Troparion for St. George—Tone 4

As deliverer of captives and defender of the poor, healer of the infirm, champion of kings: Victorious Great Martyr George, intercede with Christ our God, for our souls' salvation.

بما أنك للمأسورين محرر ومعتق، وللفقراء والمساكين عاضد وناصر، وللمرضى طبيب وشاف، وعن المؤمنين مكافح ومحارب، أيها العظيم في الشهداء جاورجيوس اللابس الظفر، تشفع إلى المسيح الإله في خلاص نفوسنا.

Troparion for St. Euthymios—Tone 4

Be glad, O barren one that hast not given birth; be of good cheer, thou that hast not travailed; for a man of desires hath multiplied thy children of the Spirit, having planted in them piety and reared them in

continence to the perfection of the virtues. By his prayers, O Christ God, make our lives peaceful.

إِبْنَهجِي طَرَباً أَيَّتُهَا الْبَرِّيَّةُ الَّتِي لَمْ تَلِدْ، وَأَفْرَحِي مَسْرُورَةً يَا مَنْ لَمْ تُعَانَ مَخَاضاً، فَإِنَّ رَجُلَ رَغَائِبِ الرُّوحِ الإِلَهِيِّ قَدْ كَثُرَ أَوْلَادِكَ، وَقَدْ غَرَسَهُمْ بِحُسْنِ الْعِبَادَةِ وَأَنْمَاهُمْ بِالْإِمْسَاكِ لِكَمَالِ الْفَضَائِلِ. فَبِتَضَرُّعَاتِهِ، أَيُّهَا الْمَسِيحُ أَمْنَحِ السَّلَامَ لِحَيَاتِنَا.

Kontakion for the Meeting of Christ in the Temple—Tone 1

Thou sanctified a virgin womb by Thy birth and rightly blessed the hands of Simeon. Thou hast come, O Christ our God, and on this day hast saved us! Give peace and strength to the Orthodox people whom Thou has loved, O only lover of mankind.

أَيُّهَا الْمَسِيحُ الإِلَهُ، يَا مَنْ بِمَوْلِدِهِ قَدَّسَ الْمُسْتَوْدَعِ الْبَتُولِي، وَبَارَكَ يَدَيْ سِمْعَانَ كَمَا لَاقَ، وَأَذْرَكُنَا الْآنَ وَخَلَّصَنَا. إِحْفَظْ رَعِيَّتَكَ بِسَلَامٍ فِي الْحُرُوبِ، وَأَيِّدِ الْمُلُوكَ الَّذِينَ أَحْبَبْتَهُمْ، بِمَا أَنَّكَ وَخَدَّكَ مُجِبٌّ لِلْبَشَرِ.

Holy Bread Offerings

- Prayers are offered for our parishioners who are ill, recovering, or in need, especially His servants: **Metropolitan Paul** and **Archbishop John** who are in captivity, **Bishop Alexander** (Ottawa and Eastern Canada, and Upstate New York), **Laila** and **Sahar** Abdallah, **Androlla** Abu Aita, **Asma** Abuaita (sister of Janett Abuaita), **Manal** Abuaita, **Cesar** and **Naila** Banna, **Emil** Bathish, **Alex** and **Panayiotis** Deligorges, **Basil** Farah, **Vera** Farah, **Betty** Froberg, **Mariam** Ghanim (Manal's mother), **Phyllis** Good, **Carol** Haddad, **Roland** Haddad, **Patti** Harris, **Daisy** Isaac, **Nawal** and **Nemer** Iseid, **Sally** Joseph, **Nakhleh** Khoury, **Nicola** Khoury, **Kirolous** Meshraky, **Danny** Mortensen, **George** and **Renee** Nassif, **Aida** Raffoul, **Elaine** Shaheen, **Eva** Saseen (niece of George and Jeanette Nassif), **Michael** and **Nancy** Silpoch, **William** Sophiea Jr., and **Lois** Teunion; **Nicholas**, **Karen** and newborn twins **Emily** and **Evelyn** Shaheen (January 3rd, Nicholas is the son of Drs. Ron and Kathy).
- We also pray for those who are with child: **Jenny** (Hanna) Abuaita, **Ola** (Michael) Alqazaha, Dr. **Lindsey** (Dr. Ryan) Brunner, **Diana** (Ayman) Khair, **Walaa** (Rami) Khoury, **Natalie** (Shadi) Qumsieh, and **Sandy** (Raad) Qumsieh {daughter of Issa and Esperanza}.

Reception of Holy Communion

Please remember only ORTHODOX CHRISTIANS who have PREPARED themselves may partake of Holy Communion. *“But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord’s body.”* (1 Corinthians 11:28-29). If you are physically able, please remain standing during Holy Communion.

ANNOUNCEMENTS

COFFEE FELLOWSHIP is not hosted today ☹️. Please offer a donation to help cover our costs, thank you!

COFFEE FELLOWSHIP HOSTS Available dates: January 27th, February 3rd, 17th, and 24th ~ sign-up poster and hosting information is in the Lounge and includes: bringing whatever you wish to serve and cleaning up afterwards. St. George provides coffee, cups, cream, and sugar at a charge to the host of \$25. For more information, see Manal Abuaita.

NORTH END SOUP KITCHEN Please mark your calendars and come help feed the hungry during our once-a-month commitment at the Soup Kitchen this Tuesday, January 22nd from 9am-12:30pm. If you have questions or want to sign-up, please contact Goni Ishak (810-449-6599).

GODPARENT SUNDAY IS SUNDAY, FEBRUARY 10TH Invitations for Godchildren to send to their Godparents (and *vice-versa*) are available in Church School or in the Lounge. Please pick up an invitation to send to your Godchild (or Godparents). It will be a wonderful day and we want everyone to be here! Godchildren may bring their Godparents to their class. When you know who will be attending, please RSVP in the Church School office.

NEW TIME FOR MONDAY BIBLE STUDIES!

We moved our Monday Bible Study from the afternoon to the evening from 6-8pm. The main reason is to provide the opportunity for more people to participate! Come and learn as we continue our study of the *Acts of the Apostles*. If you have never attended, start this month ~ no previous education is necessary! For more information or any questions, please contact Fr. Joe.

PARTICIPATING IN THE BODY AND BLOOD OF OUR LORD (HOLY COMMUNION) Holy Communion is not just for children, it is for ALL of us. Everyone should be prepared by fasting from the evening before, praying to God that He accepts us, and always asking God to forgive our sins, along with the Sacrament of Repentance (Confession) around every 2 months if you are taking Holy Communion every week. The Divine Liturgy IS the partaking of Holy Communion. All of the prayers before and after Holy Communion – from 10 am until the Liturgy ends – are focused on one thing; the partaking of Holy Communion. If you have questions, please speak with Fr. Joe.

PREPARATION FOR THE HOLY SACRAMENT OF REPENTANCE (CONFESSION) There are many different ways to prepare for this Holy Sacrament. One way is based on the Ten Commandments as a starting point. Information in both English and Arabic are available on the Narthex Table – please help yourself!

- **Please silence your cell phones while in church, thank you!**
- The **Narthex** (where we light candles) is the entrance to the Church. After you leave the Lounge and come into the Narthex, please remember there is only praying here. If you are late for Divine Services, the Ushers will let you know when you may enter the church – Thank You!

2019 OFFERING ENVELOPES AND CHURCH CALENDARS Please pick yours up (and other family members and friends) so we do not have to mail them! If your name is not listed, let Fr. Joe know. The calendars (please take 1 per family) are a gift from our Ladies Auxiliary. Our children will receive their envelopes in Church School. Parents, please make sure your child gets their *Offering Envelopes*.

CREDIT AND DEBIT CARDS We can make donations and purchases by Credit or Debit Card. This can be done by coming to the office or calling 810-732-0720 during Office Hours (*see below*).

- **OFFICE HOURS** Our office manager, Kelly Dotson, works on Mondays, Thursdays, and Fridays (10am-4pm); Tuesdays and Wednesdays (1pm-4pm).

PAST REGRETS:

Clinging to past regrets can be a rejection of the very meaning of repentance

by Abbot Tryphon, head of All-Merciful Savior Monastery on Vashon Island, Washington

Transformation is not something that happens in an instant, but is a journey towards holiness, and as long as we look to the future with hope, transformation of the heart continues, and our past becomes but a fading memory.

There are many people who cling to memories of past sins, holding on to guilt and shame, reliving things long ago confessed, as though they happened yesterday. They struggle with regrets, often revisiting shame as though they were archeologists, digging for historical artifacts that must be preserved.

Such is not the case with God, for His interest is not in our past, but in our future. Confessed sins are counted as nothing, for God looks with interest on the transformed heart that has been made anew, with contrition. God looks to our future, for His loving mercy is upon the man who has confessed his sin, and that sin is counted as nothing. God is interested in what we are doing with our future, and as a loving Father takes pleasure in the steps we take in our journey towards Him.

For us to look back is to reject the very role of confession, for if we cling to past regrets, we are rejecting the very meaning of repentance, which means a change of heart and taking a direction that is all about the future.

COMING EVENTS

This Week	The traditional fasting discipline (<i>no meat, poultry, eggs, dairy, fish, wine, olive oil, and their by-products</i>) is observed on Wednesday and Friday.
Monday	Bible Study: Acts of the Apostles 6-8pm
Tuesday	North End Soup Kitchen 9am-12:30pm Exploring our Faith: Preparation for Holy Communion 6-8pm
Wednesday	Arabic/English Bible Study: Acts of the Apostles 12-2pm SOYO Wednesday 6:30-8:30pm
Thursday	Parish Council Dinner Meeting 6:15pm Any parishioner is welcome to come, observe, and make comments at the appropriate time on the Agenda.
Saturday	Great Vespers and Confessions 5pm

- If you know of a parishioner who has given birth, fallen ill, or admitted to the hospital, please call the church office or let Father Joe know.
- If you would like to host Coffee Fellowship in memory of a loved one, the occasion of a birthday, a wedding anniversary, or in thanksgiving to God, sign up on the poster in the Lounge or speak with Manal Abuaita.